

**Bunts Sangha's**  
**S. M. Shetty College of Science, Commerce & Management Studies, Powai (Autonomous)**  
**NAAC Re-Accredited With A+ Grade, 2nd Cycle**  
**IMC RBNQ Certificate of Merit 2019**  
**ISO 21001:2018 Certified**

**Approval Form – Brahma Sakhi Minithon.**

**Department:** NSS UNIT.

**Program:** Brahma Sakhi Minithon.

**Objectives:** To promote health, fitness, and women's empowerment through an inclusive running event.

**Need:** To inspire individuals, especially women, to embrace an active lifestyle and foster a sense of unity through sports.

**Content:** A mini-marathon aimed at encouraging fitness, celebrating women's strength, and promoting a healthy community spirit.

**Judge:** NA.

**Date:** 02<sup>nd</sup> January, 2025.

**Cost/Budget:** NA.

**Proposed by:** Mr. Arya Dhokre.

**Verified by:** Dr. Vijay Vishwakarma.

**Date of Approval:** 26<sup>th</sup> December, 2025.

**Bunts Sangha's**  
**S. M. Shetty College of Science, Commerce & Management Studies, Powai (Autonomous)**  
**NAAC Re-Accredited With A+ Grade, 2nd Cycle**  
**IMC RBNQ Certificate of Merit 2019**  
**ISO 21001:2018 Certified**

**Notice (WhatsApp):**

Jai Hind

The NSS Unit of Bunts Sangha's S.M. Shetty College of Science, Commerce & Management Studies (Autonomous)

participating in

**Brahma Sakhi Minithon 2025!**

Only for Female Volunteers

Free Medical camp

Free Yoga Training

Free Self-Defense Training

Free Rajyoga Meditation Training

Date: 2nd February 2025

Time: 6:00am

Venue: Acharya Atre Sports Ground, Pantnagar, Ghatkopar (E)

Interested Volunteers join the group!

<https://chat.whatsapp.com/H7kSnJx6VYNHFG3aQ1D0Ne>

Free Goody Bag: Essential items for wome

**Minutes of the Meeting: - Brahma Sakhi Minithon.**

An online meeting was held on the Zoom Platform.

**1<sup>st</sup> Meeting on 01<sup>st</sup> January,2025.**

- Volunteers were acknowledged about the location.
- Volunteers were told reporting time and some basic information about the activity.
- Volunteers were also acknowledged about their efforts in organizing a well-coordinated and empowering event for all participants.

**Report: Brahma Sakhi Minithon.**

**Event:** Brahma Sakhi Minithon.

**Date:** 02<sup>nd</sup> January, 2025.

**Objectives:** To promote health, fitness, and women's empowerment through an inclusive running event.

**Highlight:** The NSS Unit participates in the Brahma Sakhi Minithon was an energetic and empowering event that brought together fitness enthusiasts from different backgrounds. The event started with a warm-up session, where participants engaged in stretching exercises and motivational chants. The mini-marathon aimed to celebrate strength, endurance, and the importance of leading an active lifestyle. Women participants took center stage, symbolizing empowerment and resilience. The running route was thoughtfully planned, covering key areas to maximize visibility and community involvement. Spectators cheered on the runners, creating a vibrant and supportive atmosphere. Volunteers ensured hydration points and first-aid stations were accessible throughout the route. The event also focused on spreading awareness about women's health and fitness through informative banners and pamphlets. Many participants wore themed outfits and carried motivational placards, adding to the enthusiasm of the run. Upon completion, all runners were greeted with medals and certificates as a token of appreciation. Special awards were given to outstanding performers in different categories.

**Total Number Of Volunteers – 17.**

**Bunts Sangha's**  
**S. M. Shetty College of Science, Commerce & Management Studies, Powai (Autonomous)**  
**NAAC Re-Accredited With A+ Grade, 2nd Cycle**  
**IMC RBNQ Certificate of Merit 2019**  
**ISO 21001:2018 Certified**

**Photos:**



**Bunts Sangha's**  
**S. M. Shetty College of Science, Commerce & Management Studies, Powai (Autonomous)**  
**NAAC Re-Accredited With A+ Grade, 2nd Cycle**  
**IMC RBNQ Certificate of Merit 2019**  
**ISO 21001:2018 Certified**

**Participants list:**

Bunts Sangha's S M Shetty College of Science Commerce & Management Studies (Autonomous) Powai  
 NSS Unit  
 Attendance of NSS Volunteers

Name Of the Project Activity Brahma Kumaris Sakshi Date 02-02-2023

Venue Acharya Atre Sports Ground, Ghatkopar (E) Time: From 06:00 to 9:00am

Male:- 00 Female:- 17 Total: 17

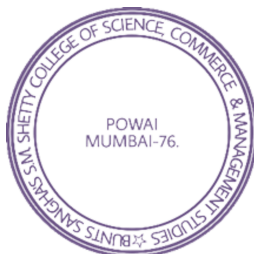
Sr.no.	Name of Volunteer	Class	Div	Enrollment no	Signature
1	Shivani Sharma	FYBcom			
2	namta Shah	FYBcom			
3	Shashi Nigam	FYBBI			
4	Dipanjali Mishra	FYBBI			
5	Laxmi Sisodiya	FYBBI			
6	Manju Maurya	FYBBI			
7	Sameeksha Poojary	FYBBI			
8	Nandini lodangi	FYBBI			
9	Shivani lodangi	FYBBI			
10	Anjali Sunar	FYBBI			
11	Priya Jaiswar	FYBBI			
12	Neelam Gupta	FYBBI			
13	Radhika Tejwkar	FYDS			
14	Pooja Prajapati	FYBBI			
15	Khushi Singh	FYIT			
16	Ritika Yadav	FYBBI			
17	Nupper Rai	FYDS			

**Bunts Sangha's**  
**S. M. Shetty College of Science, Commerce & Management Studies, Powai (Autonomous)**  
**NAAC Re-Accredited With A+ Grade, 2nd Cycle**  
**IMC RBNQ Certificate of Merit 2019**  
**ISO 21001:2018 Certified**

**Action Taken Report Of Brahma Sakhi Minithon.**

<b>Date</b>	<b>Feedback Received</b>	<b>Suggestions Provided</b>
02 <sup>nd</sup> January,2025.	<p>The feedback received was to Participants found the event inspiring and well-organized, with many expressing their motivation to continue their fitness journey.</p> <p>The strong community support made the experience even more memorable.</p>	<p>Future editions could include fitness workshops or panel discussions on women's health to add more value to the event.</p>

  
**NSS Programme Officer**



  
**Principal**