

Approval Form – Session on CPR (Cardiopulmonary Resuscitation).

Department: NSS UNIT.

Program: Session on CPR (Cardiopulmonary Resuscitation).

Objectives: To restore blood circulation and breathing in individuals experiencing cardiac arrest, thereby preserving brain function until advanced medical help arrives.

Need: To provide life-saving intervention in cases of cardiac arrest, ensuring oxygenated blood continues to flow to vital organs until professional medical treatment is available.

Content: Volunteer participants in session on CPR covers the techniques of chest compressions, rescue breathing.

Judge: NA.

Date: 28th January, 2025.

Cost/Budget: NA.

Proposed by: Mr. Arya Dhokare.

Verified by: Dr. Vijay Vishwakarma.

Date of Approval: 20th January, 2025.

Bunts Sangha's
S. M. Shetty College of Science, Commerce & Management Studies, Powai (Autonomous)
NAAC Re-Accredited With A+ Grade, 2nd Cycle
IMC RBNQ Certificate of Merit 2019
ISO 21001:2018 Certified

Notice (WhatsApp):

Jai Hind

The NSS UNIT of Bunts Sangha's S.M. Shetty College of Science, Commerce,
and Management Studies (Autonomous) , Powai

organising a

Session on CPR

Resource Person - Ms Sumaiya Raghavan

Operations Head,

iCARE -Holy Family Hospital,Mumbai

Join us to gain a life-saving skills and make a difference!

Date: 28th January, 2025.

Time: 10:50am

Venue: AV Room

For queries:

Arya Dhokare: 9928034996

Janhvi Singh: 8097943292

**Minutes of the Meeting: -Session on CPR (Cardiopulmonary
Resuscitation).**

An online meeting was held on the Zoom Platform.

1st Meeting on 27th January ,2025.

- Volunteers were acknowledged about the location.
- Volunteers were told reporting time and some basic information about the activity.
- Volunteers were also acknowledged about their dedication and contribution to saving lives.

Report: Session on CPR (Cardiopulmonary Resuscitation).

Event: Session on CPR (Cardiopulmonary Resuscitation).

Date: 28th January, 2025.

Objectives: To restore blood circulation and breathing in individuals experiencing cardiac arrest, thereby preserving brain function until advanced medical help arrives.

Highlight: The NSS Unit of our college has participants in session on CPR (Cardiopulmonary Resuscitation) a session on Cardiopulmonary Resuscitation (CPR) highlights the importance of immediate response in life-threatening situations such as cardiac arrest or drowning. It covers the basic steps of CPR, including checking for responsiveness, calling emergency services, and performing chest compressions and rescue breaths. Participants learn the correct compression depth and rate, typically 100–120 compressions per minute, along with the proper hand placement. The session may also introduce the use of an Automated External Defibrillator (AED) and how it can enhance survival chances. Emphasizing the "Chain of Survival," the training reinforces the need for quick action, effective compressions, and timely medical intervention to improve outcomes. A session on Cardiopulmonary Resuscitation (CPR) provides essential life-saving skills that can significantly improve survival rates in emergencies like cardiac arrest, choking, or drowning. Participants are trained in assessing an unresponsive person, checking for normal breathing, and promptly calling emergency services.

Total Number of Volunteers – 91.

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Photos:



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Participants list:

Bunts Sangha's S M Shetty College of Science Commerce & Management Studies (Autonomous) Powai
 NSS Unit
 Attendance of NSS Volunteers

Name Of the Project Activity Session on CPR Date 28-01-2025

Venue A.V Room Time: From 11:00 to 12:00

Sr.no.	Male:- 41	Female:- 50	Total: 91
	Name of Volunteer	Enrollment no	Signature
1	Samiksha Jadhav		Samiksha
2	Sejal Jabare		Sejal
3	Somya Raut		Somya
4	Shubeta Mishra		Shubeta
5	Ch. Pooja		Pooja
6	Khan Akreen		Akreen
7	Dinith Shetty		Dinith
8	Varsha Khar		Varsha
9	Victoria Sidhapur		Victoria
10	Tehzeeb Khan		Tehzeeb
11	Daksh Raul		Daksh
12	Vandana Gupta		Vandana
13	Shashi Nigam		Shashi
14	Pooja Gubhakar		Pooja
15	Kajal Tiwari		Kajal
16	Shivani Sharma		Shivani
17	Pallavi Rane		Pallavi
18	Deepa Sharma		Deepa
19	Vikram Deshpande		Vikram
20	Neelam Gupta		Neelam
21	Shruti Netha		Shruti
22	Kiran Mawya		Kiran
23	Ritika Yadav		Ritika
24	Mamta Shah		Mamta
25	Kusumjali Gupta		Kusumjali

Sign of NSS Program Officer _____ Sign NSS Leader _____

Bunts Sangha's S M Shetty College of Science Commerce & Management Studies (Autonomous) Powai
 NSS Unit
 Attendance of NSS Volunteers

Name Of the Project Activity Session on CPR Date 28-01-2025

Venue A.V Room Time: From 11:00 to 12:00

Sr.no.	Male:- 41	Female:- 50	Total: 91
	Name of Volunteer	Enrollment no	Signature
1	Arya Bhagure		Arya Bhagure
2	Pratibha Shukla		Pratibha
3	Anisha Kaban		Anisha
4	Vikas Bhagpat		Vikas
5	Ritika Raut		Ritika
6	Divyesh Bhatia		Divyesh
7	Janki Singh		Janki
8	Anshu Vishwakarma		Anshu
9	Arya		Arya
10	Cateb		Cateb
11	Dhruv R. More		Dhruv
12	Rakshita Devadiga		Rakshita
13	Rahul Gupta		Rahul
14	Choudhary Zishan		Zishan
15	Karunya Anchan		Karunya
16	Veda Deshmukh		Veda
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Sign of NSS Program Officer _____ Sign NSS Leader _____

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 NSS Unit
 Attendance of NSS Volunteers

Name Of the Project Activity Session on CPR Date 28-01-2025
 Venue A-V Room Time: From 11:00 to 12:00

Male:- 41				Female:- 50		Total: 91
Sr.no.	Name of Volunteer	Class	Div	Enrollment no	Signature	
1	HASAN Shaikh	FYBcom B			(Hasan)	
2	Pujan Gade	FYBcom B			(Pujan)	
3	Laksh Shetty	FYBcom B			(Laksh)	
4	Sahil K. Ram	FYBcom B			(Sahil)	
5	Shubham Yadav	FYIT B			(Shubham)	
6	Ashish Singh	FYIT B			(Ashish)	
7	Mithlesh Rajeshwar	FYIT B			(Mithlesh)	
8	Mahid Sadiq	FYIT B			(Mahid)	
9	Sahaj Masale	FYIT A			(Sahaj)	
10	Sanjay Bhadange	FYBcom A			(Sanjay)	
11	Shahi Pooja	FYBcom A			(Shahi)	
12	Rohit Sharma	FYBcom B			(Rohit)	
13	Gupta Pradeep	FYBcom B			(Pradeep)	
14	Prav Salaskar	FYIT B			(Prav)	
15	Sandeep chawhan	FYBcom A			(Sandeep)	
16	Sonukumar yadav	FYIT B			(Sonu)	
17	Pradeep Manoj	FYIT B			(Pradeep)	
18	Shreyash Singh	FYIT A			(Shreyash)	
19	Ananya B. Barai	FYIT A			(Ananya)	
20	Siddhant shailish -var	FYBcom A			(Siddhant)	
21	Caleb Sampath	FYBcom B			(Caleb)	
22	Aayush Windaekar	FYBcom -			(Aayush)	
23	Priya Thakur	FYBcom B			(Priya)	
24	Varsha Jaiswar	FYBcom B			(Varsha)	
25	Sonam Chaurasia	FYBcom A			(Sonam)	

Sign of NSS Program Officer

Sign NSS Leader

Bunts Sangha's S M Shetty College of Science Commerce & Management Studies (Autonomous) Powai
 NSS Unit
 Attendance of NSS Volunteers

Name Of the Project Activity Session on CPR Date 28-1-2025
 Venue AV Room Time: From 11:00 to 12:00

Male:- 41				Female:- 50		Total: 91
Sr.no.	Name of Volunteer	Class	Div	Enrollment no	Signature	
1	Shivani Borai	FYBcom			(Shivani)	
2	Nidhi Rane	FYIT			(Nidhi)	
3	Vidhi Salian	FYIT			(Vidhi)	
4	Gajendra Nagda	FYBcom			(Gajendra)	
5	Alina Panchal	FYBcom			(Alina)	
6	Raj V. Pahi	FYBcom			(Raj)	
7	Maas Joshi	FYBcom			(Maas)	
8	Rahul Gupta	FYBcom			(Rahul)	
9	Sitesh Rishi	FYBcom			(Sitesh)	
10	Pranav	FYBcom			(Pranav)	
11	Shubham Yadav	FYBcom			(Shubham)	
12	Ujjwal Khan	FYBcom			(Ujjwal)	
13	Sai S. Puri	FYBcom			(Sai)	
14	Pranav Ajeet	FYBcom			(Pranav)	
15	Arshi Abhishek	FYBcom			(Arshi)	
16	Umesh Arora	FYBcom			(Umesh)	
17	Kuntika Gungter	FYBcom			(Kuntika)	
18	Mohd Asad	FYBcom			(Mohd)	
19	Adarsh Anand	FYBcom			(Adarsh)	
20	Teet Keyarde	FYBcom			(Teet)	
21	Dhanikpalwal	FYBcom			(Dhanik)	
22	Shaikh Husefa	FYBcom			(Shaikh)	
23	Shaikh Nawaz	FYBcom			(Shaikh)	
24	Menka kumar Rajak	FYIT A			(Menka)	
25	Aamna Ansari	FYIT A			(Aamna)	

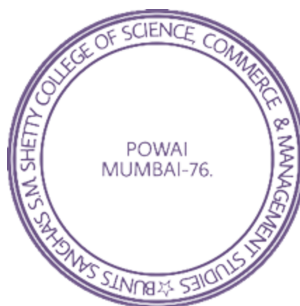
Sign of NSS Program Officer

Sign NSS Leader

Action Taken Report Of Session on CPR (Cardiopulmonary Resuscitation).

Date	Feedback Received	Suggestions Provided
28 th January ,2025.	<p>The feedback received was to session highlighted its effectiveness in enhancing life-saving skills, with participants appreciating the hands-on training, clear instructions.</p> <p>The CPR training session was informative and well-structured, providing clear, hands-on guidance for effective emergency response.</p>	<p>Include more hands-on practice and real-life scenarios to enhance confidence and skill retention.</p>


NSS Programme Officer




Principal