S. M. Shetty College of Science, Commerce & Management Studies, Powai (Autonomous) NAAC Re-Accredited With A+ Grade, 2nd Cycle IMC RBNQ Certificate of Merit 2019 ISO 21001:2018 Certified

<u>Approval Form – Carrom and Chess Competition Under Fit India</u> <u>Campaign.</u>

Department: NSS UNIT.

Program: Carrom and Chess Competition Under Fit India Campaign.

Objectives: To promote physical and mental fitness through friendly competition in Carrom and Chess as part of the Fit India Campaign.

Need: This activity is necessary to encourage a healthy lifestyle, enhance strategic thinking, and promote overall well-being.

Content: Volunteers will be participating in the Carrom and Chess competition to promote fitness and enhance mental skills.

Judge: NA.

Date: 02nd December, 2024.

Cost/Budget: NA.

Proposed by: Mr. Arya Dhokare.

Verified by: Dr. Vijay Vishwakarma.

Date of Approval: 25th November, 2024.

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Notice (WhatsApp):

Jai Hind

The NSS UNIT of Bunts Sangha's S.M. Shetty College of Science, Commerce and Management Studies, Powai (Autonomous)

Organizes Carrom and Chess Competition under Fit India Campaign.

Date: 02nd December, 2024.

Interested Volunteers can msg me asap.

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Minutes of the Meeting: - Carrom and Chess Competition Under Fit India Campaign.

There was an online meeting held on the Zoom Platform.

1st Meeting on 01st December, 2024.

- ➤ Volunteers were acknowledged about the location.
- ➤ Volunteers were told reporting time and some basic information about the activity.
- > Volunteers were also acknowledged about playing without cheating.

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Report: Carrom and Chess Competition Under Fit India Campaign.

Event: Carrom and Chess Competition Under Fit India Campaign.

Date: 02nd December, 2024.

Objectives: To promote physical and mental fitness through friendly competition

in Carrom and Chess as part of the Fit India Campaign.

Highlight: The NSS unit of our college organized a Carrom and Chess

competition under the Fit India Campaign to encourage physical and mental

fitness among volunteers. The event saw enthusiastic participation, with

volunteers engaging in friendly yet competitive matches, showcasing their

strategic thinking and focus. The competition not only promoted physical well-

being through Carrom but also emphasized mental sharpness through Chess.

Participants were excited to challenge themselves and improve their skills, while

fostering a spirit of teamwork and healthy competition. The activity served as an

excellent platform to highlight the importance of maintaining both physical and

mental fitness. Volunteers also shared their experiences and strategies, helping

each other enhance their game. The competition was well-received and

contributed to spreading the message of the Fit India Campaign, inspiring others

to adopt a healthier lifestyle. It ended with a sense of accomplishment and

encouraged participants to integrate fitness into their daily lives.

Total Number Of Volunteers - 25

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Photos:









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Participants list:

	Attendan	NSS U		nteers	
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Venue S.M. Shetty college				Time: From 1:30 to 9:30 am	
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Sr.no.	Name of Volunteer	Class	Div	Enrollment no	Signature
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3	Ananya Basas	FYTT	A	51800000	356
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5	Rahul Gupta	SHRRI	End.	DESCRIPTION OF STREET	WHI A THE PARTY OF
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Action Taken Report Of Carrom and Chess Competition Under Fit India Campaign.

Date	Feedback Received	Suggestions Provided
02 nd December, 2024.	The feedback received was to organize more such competitions to maintain engagement and promote fitness. Participants appreciated the opportunity to enhance their skills and suggested incorporating additional sports for a more diverse experience.	Suggestions provided included introducing timed rounds for added challenge and offering a wider variety of games to engage more participants.

NSS Programme Officer

POWAI MUMBAI-76.

Principal