

Subject: Social Psychology

Class: SYBA

SEM: 3

Div: 1

Faculty Name: Anish Ganesh Raut

Date: 2023-24

Month	Topics to be covered	Assigned lectures	Lectures undertaken
July	<b>Unit 1: Social Psychology: The Science of the Social Side of Life</b> a) Social Psychology: What it is and is not b) Social psychology: Advances at the boundaries c) How social psychologists answer the questions they ask: Research as the route to increased knowledge d) The role of theory in social psychology e) The quest for knowledge and the rights of individuals: Seeking an appropriate balance	12	9
August	<b>Unit 2: Social Perception: Seeking to Understand Others</b> a) Nonverbal communication: An unspoken language b) Attribution: Understanding the causes of behavior c) Impression formation and management: Combining information about others d) What research tells us about the role of nonverbal cues in job interviews? e) What research tells us about why some people conclude they are superior to others?	12	8
September	<b>Unit 3: Attitudes: Evaluating and responding to the social world</b> a) Attitude formation: How attitudes develop b) When and why do attitudes influence behavior? c) How do attitudes guide behavior? d) The science of persuasion: How attitudes are changed e) Resisting persuasion attempts f) Cognitive dissonance: What it is and how do we manage it? g) What research tells us about culture and attitude processes?	12	10
October	<b>Unit 4: Liking, Love and Other close relationships.</b> a) Internal sources of liking others: The role of needs and emotions b) External sources of attraction: The effects of proximity, familiarity and physical beauty	12	11
	c) Sources of liking based on social interaction d) Close relationships: Foundations of social life e) What research tells us about dramatic differences in appearance between partners: Is love really blind? f) What research tells us about two factors that may destroy love—jealousy and infidelity		

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Month	Topics to be covered	Assigned lectures	Lectures undertaken
November December	<b>Unit 1: Causes, and Cures of Stereotyping, Prejudice and Discrimination</b> a) How members of different groups perceive inequality b) The nature and origins of stereotyping c) Prejudice: Feelings toward social groups d) Discrimination: Prejudice in action e) Why prejudice is not inevitable: Techniques for countering its effects f) What research tells us about the role of existential threat in prejudice	12	7
January	<b>Unit 2: Social Influence: Changing Others' Behavior</b> a) Conformity: How groups – and norms – influence our behavior. b) Compliance: To ask – sometimes – is to receive c) Obedience to authority: Would you harm someone if ordered to do so? d) Unintentional social Influence: How others change our behaviors even when they are not trying to do so e) What research tells us about how much we really conform? f) What research tells us about using scarcity to gain compliance?	12	8
February	<b>Unit 3: Aggression: Its Nature, Causes and Control</b> a) Perspectives on aggression: In search of the roots of violence b) Causes of human aggression: Social, cultural, personal and situational c) Aggression in the classroom and workplace d) The prevention and control of violence: some useful techniques e) What research tells us about the role of emotions in aggression? f) What research tells us about workplace aggression?	12	9
March	<b>Unit 4: Prosocial Behavior: Helping Others</b> a) Why people help: Motives for prosocial behaviour b) Responding to an emergency: Will bystanders help c) Factors that increase or decrease the tendency to help d) Crowdfunding: A new type of prosocial behaviour e) Final thoughts: Are prosocial behaviour and aggression opposites? f) What research tells us about paying it forward: Helping others because we have been helped g) What research tells us about how people react to being helped	12	10

Subject: Social Psychology

Class: SYBA

SEM: 3

Div: 1

Faculty Name: Anish Jonesh Raut

Date: 2022-23

Month	Topics to be covered	Assigned lectures	Lectures undertaken
July	<b>Unit 1: Social Psychology: The Science of the Social Side of Life</b> a) Social Psychology: What it is and is not b) Social psychology: Advances at the boundaries c) How social psychologists answer the questions they ask: Research as the route to increased knowledge d) The role of theory in social psychology e) The quest for knowledge and the rights of individuals: Seeking an appropriate balance	12	8
August	<b>Unit 2: Social Perception: Seeking to Understand Others</b> a) Nonverbal communication: An unspoken language b) Attribution: Understanding the causes of behavior c) Impression formation and management: Combining information about others d) What research tells us about the role of nonverbal cues in job interviews? e) What research tells us about why some people conclude they are superior to others?	12	9
September	<b>Unit 3: Attitudes: Evaluating and responding to the social world</b> a) Attitude formation: How attitudes develop b) When and why do attitudes influence behavior? c) How do attitudes guide behavior? d) The science of persuasion: How attitudes are changed e) Resisting persuasion attempts f) Cognitive dissonance: What it is and how do we manage it? g) What research tells us about culture and attitude processes?	12	10
October	<b>Unit 4: Liking, Love and Other close relationships.</b> a) Internal sources of liking others: The role of needs and emotions b) External sources of attraction: The effects of proximity, familiarity and physical beauty c) Sources of liking based on social interaction d) Close relationships: Foundations of social life e) What research tells us about dramatic differences in appearance between partners: Is love really blind? f) What research tells us about two factors that may destroy love—jealousy and infidelity	12	11

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Month	Topics to be covered	Assigned lectures	Lectures undertaken
November December	<b>Unit 1: Causes, and Cures of Stereotyping, Prejudice and Discrimination</b> a) How members of different groups perceive inequality b) The nature and origins of stereotyping c) Prejudice: Feelings toward social groups d) Discrimination: Prejudice in action e) Why prejudice is not inevitable: Techniques for countering its effects f) What research tells us about the role of existential threat in prejudice	12	7
January	<b>Unit 2: Social Influence: Changing Others' Behavior</b> a) Conformity: How groups – and norms – influence our behavior. b) Compliance: To ask – sometimes – is to receive c) Obedience to authority: Would you harm someone if ordered to do so? d) Unintentional social Influence: How others change our behaviors even when they are not trying to do so e) What research tells us about how much we really conform? f) What research tells us about using scarcity to gain compliance?	12	8
February	<b>Unit 3: Aggression: Its Nature, Causes and Control</b> a) Perspectives on aggression: In search of the roots of violence b) Causes of human aggression: Social, cultural, personal and situational c) Aggression in the classroom and workplace d) The prevention and control of violence: some useful techniques e) What research tells us about the role of emotions in aggression? f) What research tells us about workplace aggression?	12	9
March	<b>Unit 4: Prosocial Behavior: Helping Others</b> a) Why people help: Motives for prosocial behaviour b) Responding to an emergency: Will bystanders help c) Factors that increase or decrease the tendency to help d) Crowdfunding: A new type of prosocial behaviour e) Final thoughts: Are prosocial behaviour and aggression opposites? f) What research tells us about paying it forward: Helping others because we have been helped g) What research tells us about how people react to being helped	12	10

Subject: Social Psychology

Class: SYBA

SEM: 3

Div: I

Faculty Name: *Drishy J. Paul*

Date: 2021-22

Month	Topics to be covered	Assigned lectures	Lectures undertaken
July	<b>Unit 1: Social Psychology: The Science of the Social Side of Life</b> a) Social Psychology: What it is and is not b) Social psychology: Advances at the boundaries c) How social psychologists answer the questions they ask: Research as the route to increased knowledge d) The role of theory in social psychology e) The quest for knowledge and the rights of individuals: Seeking an appropriate balance	12	7
August	<b>Unit 2: Social Perception: Seeking to Understand Others</b> a) Nonverbal communication: An unspoken language b) Attribution: Understanding the causes of behavior c) Impression formation and management: Combining information about others d) What research tells us about the role of nonverbal cues in job interviews? e) What research tells us about why some people conclude they are superior to others?	12	8
September	<b>Unit 3: Attitudes: Evaluating and responding to the social world</b> a) Attitude formation: How attitudes develop b) When and why do attitudes influence behavior? c) How do attitudes guide behavior? d) The science of persuasion: How attitudes are changed e) Resisting persuasion attempts f) Cognitive dissonance: What it is and how do we manage it? g) What research tells us about culture and attitude processes?	12	9
October	<b>Unit 4: Liking, Love and Other close relationships.</b> a) Internal sources of liking others: The role of needs and emotions b) External sources of attraction: The effects of proximity, familiarity and physical beauty	12	10
	c) Sources of liking based on social interaction d) Close relationships: Foundations of social life e) What research tells us about dramatic differences in appearance between partners: Is love really blind? f) What research tells us about two factors that may destroy love—jealousy and infidelity		

*Agarwal**Prashant*

Month	Topics to be covered	Assigned lectures	Lectures undertaken
November December	<b>Unit 1: Causes, and Cures of Stereotyping, Prejudice and Discrimination</b> a) How members of different groups perceive inequality b) The nature and origins of stereotyping c) Prejudice: Feelings toward social groups d) Discrimination: Prejudice in action e) Why prejudice is not inevitable: Techniques for countering its effects f) What research tells us about the role of existential threat in prejudice	12	8
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Subject: Social Psychology

Class: SYBA

SEM: 3

Div: 1

Faculty Name: *Anish G. Raut*

Date: 2020-21

Month	Topics to be covered	Assigned lectures	Lectures undertaken
July	<b>Unit 1: Social Psychology: The Science of the Social Side of Life</b> a) Social Psychology: What it is and is not b) Social psychology: Advances at the boundaries c) How social psychologists answer the questions they ask: Research as the route to increased knowledge d) The role of theory in social psychology e) The quest for knowledge and the rights of individuals: Seeking an appropriate balance	12	9
August	<b>Unit 2: Social Perception: Seeking to Understand Others</b> a) Nonverbal communication: An unspoken language b) Attribution: Understanding the causes of behavior c) Impression formation and management: Combining information about others d) What research tells us about the role of nonverbal cues in job interviews? e) What research tells us about why some people conclude they are superior to others?	12	8
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*Aggaut**Rkhi Shil*

Month	Topics to be covered	Assigned lectures	Lectures undertaken
November December	<b>Unit 1: Causes, and Cures of Stereotyping, Prejudice and Discrimination</b> a) How members of different groups perceive inequality b) The nature and origins of stereotyping c) Prejudice: Feelings toward social groups d) Discrimination: Prejudice in action e) Why prejudice is not inevitable: Techniques for countering its effects f) What research tells us about the role of existential threat in prejudice	12	9
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Subject: Social Psychology

Class: SVBA

SEM: 3

Div: I

Faculty Name: *Anish G Paul*

Date: 2019-20

Month	Topics to be covered	Assigned lectures	Lectures undertaken
July	<b>Unit 1: Social Psychology: The Science of the Social Side of Life</b> a) Social Psychology: What it is and is not b) Social psychology: Advances at the boundaries c) How social psychologists answer the questions they ask - Research as the route to increased knowledge d) The role of theory in social psychology e) The quest for knowledge and the rights of individuals: Seeking an appropriate balance	12	9
August	<b>Unit 2: Social Perception: Seeking to Understand Others</b> a) Nonverbal communication: An unspoken language b) Attribution: Understanding the causes of behavior c) Impression formation and management: Combining information about others d) What research tells us about the role of nonverbal cues in job interviews? e) What research tells us about why some people conclude they are superior to others?	12	9
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*Anish**Anish G*

Month	Topics to be covered	Assigned lectures	Lectures undertaken
November December	<b>Unit 1: Causes, and Cures of Stereotyping, Prejudice and Discrimination</b> a) How members of different groups perceive inequality b) The nature and origins of stereotyping c) Prejudice: Feelings toward social groups d) Discrimination: Prejudice in action e) Why prejudice is not inevitable: Techniques for countering its effects f) What research tells us about the role of existential threat in prejudice	12	8
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**Subject : Practicals in Cognitive Processes and Psychological Testing Class: TYBA**

Sem: 5

Div:

Faculty Name: Ayesha H. Mistry

Date : 2023-24

Month	Topics to be covered	Assigned lectures	Lectures undertaken
June	<b>X. Introduction to Experimental Psychology and Statistics in Psychological Research</b> Y. Variables – Types, Operational definition Z. Designs – Types(one IV and two IV), Sampling, Randomization and Counterbalancing	24	15
July	AA. Hypotheses – Types – Null and Alternative AB. Statistical Analysis –Inferential statistics - t test, F Test, statistical significance AC. Introduction to Scales of Measurement AD. Report writing – APA format		
August	<b>AE. Practice Exercises – Two exercises</b> 9. Experimental Situation given – Discuss design, hypothesis, IV, DV, Control Variables, Statistical Analysis, Ethical Issues.  10. Variables given –Design experiment, frame hypothesis, discuss Statistical Analysis, Ethical Issues.	24	16
September	<b>AF. Practice Experiment – One</b> 13. Conduct the experiment 14. Review Original Article 15. Write result and discussion of group data using APA format	24	17

*Ayesha*

*AK Singh*

Month	Topics to be covered	Assigned lectures	Lectures undertaken
June	<b>R. Introduction to Experimental Psychology and Statistics in Psychological Research</b> 4. Designs - Complex (Mixed) 5. Statistical Analysis – Inferential statistics – ANOVA, Chi Square	24	16
July	<b>S. Review a research paper</b> <b>T. Two Experiments in Cognitive Processes</b> 13. Conduct the experiments 14. Pool group data 15. Use appropriate statistics	24	17
August	16. Write report – abstract, introduction, method, result (Individual and group), discussion, conclusion	24	17
September	<b>U. One Psychological Test</b> 7. Conducting and debriefing 8. Write report	24	18
October	<b>V. One Computer-based Experiment (Coglab)</b> <b>W. Use of Excel</b> 7. Introduction to Excel 8. Statistical Analysis of both the experiments	24	19

Month	Topics to be covered	Assigned lectures	Lectures undertaken
June	<b>A. Introduction to Experimental Psychology and Statistics in Psychological Research</b> 5. Designs - Complex (Mixed) 6. Statistical Analysis – Inferential statistics – ANOVA, Chi Square  <b>B. Review a research paper Two Experiments in Cognitive Processes</b> 17. Conduct the experiments 18. Pool group data 19. Use appropriate statistics  <b>C. Write report – abstract, introduction, method, result(Individual and group), discussion, conclusion</b>  <b>D. One Psychological Test</b> 9. Conducting and debriefing 10. Write report	24	16
July		24	17
August		24	18
September		24	19
october	<b>AI. One Computer-based Experiment (Coglab)</b> <b>AJ. Use of Excel</b> 9. Introduction to Excel 10. Statistical Analysis of both the experiments	24	20

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Subject : Practicals in Cognitive Processes and Psychological Testing Class: TYBA

Sem: 5

Div: —

Faculty Name: *Ayusha H. Mistry*

Date : 2022-23

Month	Topics to be covered	Assigned lectures	Lectures undertaken
June	<b>G. Introduction to Experimental Psychology and Statistics in Psychological Research</b> H. Variables – Types, Operational definition I. Designs – Types(one IV and two IV), Sampling, Randomization and Counterbalancing	24	15
July	J. Hypotheses – Types – Null and Alternative K. Statistical Analysis –Inferential statistics - t test, F Test, statistical significance L. Introduction to Scales of Measurement M. Report writing – APA format		
August	<b>N. Practice Exercises – Two exercises</b> 7. Experimental Situation given – Discuss design, hypothesis, IV, DV, Control Variables, Statistical Analysis, Ethical Issues.  8. Variables given –Design experiment, frame hypothesis, discuss Statistical Analysis, Ethical Issues.	24	16
September	<b>O. Practice Experiment – One</b> 10. Conduct the experiment 11. Review Original Article 12. Write result and discussion of group data using APA format	24	17

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October	<b>P. Two Experiments In Cognitive Processes</b> 14. Conduct the experiments 15. Pool group data 16. Use appropriate statistics 17. Write report – abstract, introduction, method, result (Individual and group), discussion, conclusion	24	15
November	<b>Q. One Psychological Test</b> 10. Administration, Scoring and Interpretation of the Test 11. Writing report on the findings of the test 12. Calculate Reliability / Validity of the test	24	16

Signature

Faculty member  
Coordinator

Signature

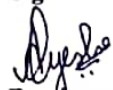
Head of the Department/

Month	Topics to be covered	Assigned lectures	Lectures undertaken
June	<b>A. Introduction to Experimental Psychology and Statistics in Psychological Research</b> 3 Designs - Complex (Mixed) 4. Statistical Analysis – Inferential statistics – ANOVA, Chi Square	24	15
July	<b>B. Review a research paper</b> <b>C. Two Experiments in Cognitive Processes</b> 9. Conduct the experiments 10. Pool group data 11. Use appropriate statistics	24	15
August	12. Write report – abstract, introduction, method, result(Individual and group), discussion, conclusion		
September	<b>D. One Psychological Test</b> 5. Conducting and debriefing 6. Write report	24	16
october	<b>E. One Computer-based Experiment (Coglab)</b> <b>F. Use of Excel</b> 5. Introduction to Excel 6. Statistical Analysis of both the experiments	24	17

*YK Singh*

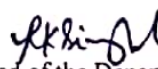
October	<b>J. Two Experiments in Cognitive Processes</b> 10. Conduct the experiments 11. Pool group data 12. Use appropriate statistics 13. Write report – abstract, introduction, method, result (Individual and group), discussion, conclusion	24	18
November	<b>K. One Psychological Test</b> 7. Administration, Scoring and Interpretation of the Test 8. Writing report on the findings of the test 9. Calculate Reliability / Validity of the test	24	17

Signature



Faculty member  
Coordinator

Signature



Head of the Department/

Subject : **Practicals in Cognitive Processes and Psychological Testing** Class: TYBA

Sem: 5

Div:

Faculty Name:

*Ayesha H. Mistry*

Date : 2021-22

Month	Topics to be covered	Assigned lectures	Lectures undertaken
June	<b>A. Introduction to Experimental Psychology and Statistics in Psychological Research</b> B. Variables – Types, Operational definition C. Designs – Types(one IV and two IV), Sampling, Randomization and Counterbalancing	24	18
July	D. Hypotheses – Types – Null and Alternative E. Statistical Analysis –Inferential statistics - t test, F Test, statistical significance F. Introduction to Scales of Measurement G. Report writing – APA format		
August	<b>H. Practice Exercises – Two exercises</b> 5. Experimental Situation given – Discuss design, hypothesis, IV, DV, Control Variables, Statistical Analysis, Ethical Issues.  6. Variables given –Design experiment, frame hypothesis, discuss Statistical Analysis, Ethical Issues.	24	17
September	<b>I. Practice Experiment – One</b> 7. Conduct the experiment 8. Review Original Article 9. Write result and discussion of group data using APA format	24	16

Month	Topics to be covered	Assigned lectures	Lectures undertaken
November	<b>A. Introduction to Experimental Psychology and Statistics in Psychological Research</b> 2. Designs - Complex (Mixed) 3. Statistical Analysis – Inferential statistics – ANOVA, Chi Square	24	17
december	<b>B. Review a research paper</b> <b>C. Two Experiments in Cognitive Processes</b> 5. Conduct the experiments 6. Pool group data 7. Use appropriate statistics 8. Write report – abstract, introduction, method, result (Individual and group), discussion, conclusion	24	18
Janurary	<b>D. One Psychological Test</b> 3. Conducting and debriefing 4. Write report	24	19
february	<b>E. One Computer-based Experiment (Coglab)</b> <b>F. Use of Excel</b> 3. Introduction to Excel 4. Statistical Analysis of both the experiments	24	17

## SEM 6

Month	Topics to be covered	Assigned lectures	Lectures undertaken
June	<b>A. Introduction to Experimental Psychology and Statistics in Psychological Research</b> 1. Designs - Complex (Mixed) 2. Statistical Analysis – Inferential statistics – ANOVA, Chi Square	12	8
July	<b>B. Review a research paper</b> <b>C. Two Experiments in Cognitive Processes</b> 1. Conduct the experiments 2. Pool group data 3. Use appropriate statistics 4. Write report – abstract, introduction, method, result (Individual and group), discussion, conclusion	12	9
August			
September	<b>D. One Psychological Test</b> 1. Conducting and debriefing 2. Write report	12	10
October	<b>E. One Computer-based Experiment (Coglab)</b> <b>F. Use of Excel</b> 1. Introduction to Excel 2. Statistical Analysis of both the experiments	12	11

  
Signature  
Faculty member  
Coordinator

  
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Head of the Department/

Subject : Practicals in Cognitive Processes and Psychological Testing Class: TYBA

Sem: 5

Div: +

Faculty Name: Ajeelha H. Histry

Date : 2020-21

Month	Topics to be covered	Assigned lectures	Lectures undertaken
June	<b>A Introduction to Experimental Psychology and Statistics in Psychological Research</b>	124	17
July	7. Variables – Types, Operational definition 8. Designs – Types(one IV and two IV), Sampling, Randomization and Counterbalancing		
August	9. Hypotheses – Types – Null and Alternative 10. Statistical Analysis –Inferential statistics - t test, F Test, statistical significance 11. Introduction to Scales of Measurement 12. Report writing – APA format		
September	<b>B. Practice Exercises – Two exercises</b> 3. Experimental Situation given – Discuss design, hypothesis, IV, DV, Control Variables, Statistical Analysis, Ethical Issues.  4. Variables given –Design experiment, frame hypothesis, discuss Statistical Analysis, Ethical Issues.	124	18
	<b>C. Practice Experiment – One</b> 4. Conduct the experiment 5. Review Original Article 6. Write result and discussion of group data using APA format	124	19
october	<b>D. Two Experiments in Cognitive Processes</b> 5. Conduct the experiments 6. Pool group data 7. Use appropriate statistics 8. Write report – abstract, introduction, method, result (Individual and group),  9. discussion, conclusion	124	20

**E. One Psychological Test**

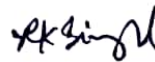
4. Administration, Scoring and Interpretation of the Test
5. Writing report on the findings of the test
6. Calculate Reliability / Validity of the test

Signature



Faculty member  
Coordinator

Signature



Head of the Department/

Subject : Practicals in Cognitive Processes and Psychological Testing Class: TYBA  
 Sem: 5 Div: Faculty Name: Ayesha H. Mislay Date : 2019-20

Month	Topics to be covered	Assigned lectures	Lectures undertaken
June	<b>A. Introduction to Experimental Psychology and Statistics in Psychological Research</b> 1. Variables – Types, Operational definition 2. Designs – Types(one IV and two IV), Sampling, Randomization and Counterbalancing	12	7
July	3. Hypotheses – Types – Null and Alternative 4. Statistical Analysis –Inferential statistics - t test, F Test, statistical significance		
August	5. Introduction to Scales of Measurement 6. Report writing – APA format <b>B. Practice Exercises – Two exercises</b> 1. Experimental Situation given – Discuss design, hypothesis, IV, DV, Control Variables, Statistical Analysis, Ethical Issues.	12	8
September	2. Variables given –Design experiment, frame hypothesis, discuss Statistical Analysis, Ethical Issues. <b>C. Practice Experiment – One</b> 1. Conduct the experiment 2. Review Original Article 3. Write result and discussion of group data using APA format	12	9
october	<b>D. Two Experiments in Cognitive Processes</b> 1. Conduct the experiments 2. Pool group data 3. Use appropriate statistics 4. Write report – abstract, introduction, method, result (Individual and group), discussion, conclusion <b>E. One Psychological Test</b> 1. Administration, Scoring and	12	10

	<p>Interpretation of the Test</p> <ol style="list-style-type: none"> <li>2. Writing report on the findings of the test</li> <li>3. Calculate Reliability / Validity of the test</li> </ol>		

Signature

Faculty member  
Coordinator

Signature

Head of the Department/

Subject : Statistics PSYCHOLOGY Class: TYBA

Sem: II

Div:

Faculty Name: *Anish g. Raut*

Date : 2023-24

SEMESTER 5

Month	Topics to be covered	Assigned lectures	Lectures undertaken
June	<b><u>Unit 1. Psychological Testing, Assessment and Norms</u></b> q) Definition of testing and assessment; the process and tools of assessment r) The parties and types of settings involved s) What is a 'Good Test'; Norms – sampling to develop norms, types of norms, fixed reference group t) scoring systems, norm-referenced versus criterion-referenced evaluation; culture and inference	12	8
July	<b><u>Unit 2. Reliability</u></b> q) The concept of Reliability; sources of error variance r) Reliability estimates: Test-Retest, Parallel and Alternate Forms, Split-Half, Inter-Item Consistency – Kuder-Richardson, Cronbach's Coefficient Alpha; Inter-Scorer Reliability s) Using and interpreting a coefficient of Reliability – purpose of the Reliability coefficient, nature of the test, the true score model of measurement and alternatives to it t) Reliability and individual scores: SEM and SE-Difference	12	9
August	<b><u>Unit 3. Validity and Measures of central tendency</u></b> a) The concept of validity; Face and Content validity b) Criterion-related validity and Construct validity c) Validity, bias and fairness  1	12	10

	<p>d) Calculation of mean, median and mode of a frequency distribution; the assumed mean method for calculating the mean</p> <p>e) Comparison of measures of central tendency: Merits, limitations, and uses of mean, median and mode</p>		

Month	Topics to be covered	Assigned lectures	Lectures undertaken
November	<b><u>Unit 1. Test Development and Correlation</u></b> ac) Test conceptualization and Test construction ad) Test tryout and Item analysis ae) Test revision af) Meaning and types of correlation – positive, negative and zero; Graphic representations of correlation - Scatterplots ag) The steps involved in calculation of Pearson's product-moment correlation coefficient ah) Calculation of rho by Spearman's rank-difference method; Uses and limitations of correlation coefficient ai) Simple Regression and Multiple Regression	12	11
December	<b><u>Unit 2. Measurement of Intelligence, Intelligence Scales, Probability, Normal Probability Curve and Standard scores</u></b> u) What is Intelligence? - Definitions and theories; measuring Intelligence v) The Stanford-Binet Intelligence Scales and the Wechsler Scales w) The concept of Probability; laws of Probability; Characteristics, importance and applications of the Normal Probability Curve; Area under the Normal Curve x) Skewness- positive and negative, causes of skewness, formula for calculation; Kurtosis - meaning and formula for calculation y) Standard scores – z, t, Stanine; Linear and non-linear transformation; Normalized Standard scores	12	10
January	<b><u>Unit 3. Assessment of Personality</u></b> m) Personality Assessment – some basic questions: who, what, where, how; Developing instruments to assess personality – logic and reason, theory, data reduction methods, criterion groups; personality assessment and culture n) Objective methods of personality assessment o) Projective methods of personality assessment - Inkblots as Projective stimuli - the Rorschach; Pictures as Projective stimuli – Thematic	12	10

	<p>Apperception Test; Projective methods in perspective</p> <p><b><u>Unit 4. Measures of Variability, Percentiles, and Percentile Ranks</u></b></p> <p>q) Calculation of measures of variability: Range, Quartile Deviation and Standard Deviation</p> <p>r) Comparison of measures of variability: Merits, limitations, and uses .</p> <p>s) Calculation of Percentile ranks and Percentile Scores.</p> <p>t) Percentiles – nature, merits, limitations, and uses.</p>	12	9
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Signature

Faculty member  
Coordinator

Signature

Head of the Department/

Subject : Statistics PSYCHOLOGY Class: TYBA

Sem: II

Div:

Faculty Name: *Anish G. Kaut*

Date : 2022-23

SEMESTER 5

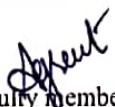
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June	<b><u>Unit 1. Psychological Testing, Assessment and Norms</u></b> m) Definition of testing and assessment; the process and tools of assessment n) The parties and types of settings involved o) What is a 'Good Test'; Norms – sampling to develop norms, types of norms, fixed reference group p) scoring systems, norm-referenced versus criterion-referenced evaluation; culture and inference	12	9
July	<b><u>Unit 2. Reliability</u></b> m) The concept of Reliability; sources of error variance n) Reliability estimates: Test-Retest, Parallel and Alternate Forms, Split-Half, Inter-Item Consistency – Kuder-Richardson, Cronbach's Coefficient Alpha; Inter-Scorer Reliability o) Using and interpreting a coefficient of Reliability – purpose of the Reliability coefficient, nature of the test, the true score model of measurement and alternatives to it p) Reliability and individual scores: SEM and SE-Difference	12	10
August	<b><u>Unit 3. Validity and Measures of central tendency</u></b> a) The concept of validity; Face and Content validity b) Criterion-related validity and Construct validity c) Validity, bias and fairness	12 <del>6</del>	8

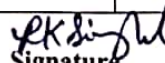
	<p>d) Calculation of mean, median and mode of a frequency distribution; the assumed mean method for calculating the mean</p> <p>e) Comparison of measures of central tendency: Merits, limitations, and uses of mean, median and mode</p>		

Month	Topics to be covered	Assigned lectures	Lectures undertaken
November	<b><u>Unit 1. Test Development and Correlation</u></b> v) Test conceptualization and Test construction w) Test tryout and Item analysis x) Test revision y) Meaning and types of correlation – positive, negative and zero; Graphic representations of correlation - Scatterplots z) The steps involved in calculation of Pearson's product-moment correlation coefficient aa) Calculation of rho by Spearman's rank-difference method; Uses and limitations of correlation coefficient ab) Simple Regression and Multiple Regression	12	11
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January	j) Personality Assessment – some basic questions: who, what, where, how; Developing instruments to assess personality – logic and reason, theory, data reduction methods, criterion groups; personality assessment and culture k) Objective methods of personality assessment l) Projective methods of personality assessment - Inkblots as Projective stimuli - the Rorschach; Pictures as Projective stimuli – Thematic Apperception Test; Projective methods in perspective	12	9

	<b><u>Unit 4. Measures of Variability, Percentiles, and Percentile Ranks</u></b> m) Calculation of measures of variability: Range, Quartile Deviation and Standard Deviation n) Comparison of measures of variability: Merits, limitations, and uses. o) Calculation of Percentile ranks and Percentile Scores. p) Percentiles – nature, merits, limitations, and uses.	12	7
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Signature

  
 Faculty member  
 Coordinator

  
 Signature

Head of the Department/

Subject: : Statistics PSYCHOLOGY Class: TYBA

Sem: II

Div:

Faculty Name:

Anish g Raut

Date : 2021-22

SEMESTER 5

Month	Topics to be covered	Assigned lectures	Lectures undertaken
June	<b><u>Unit 1. Psychological Testing, Assessment and Norms</u></b> i) Definition of testing and assessment; the process and tools of assessment j) The parties and types of settings involved k) What is a 'Good Test'; Norms – sampling to develop norms, types of norms, fixed reference group l) scoring systems, norm-referenced versus criterion-referenced evaluation; culture and inference	12	9
July	<b><u>Unit 2. Reliability</u></b> i) The concept of Reliability; sources of error variance j) Reliability estimates: Test-Retest, Parallel and Alternate Forms, Split-Half, Inter-Item Consistency – Kuder-Richardson, Cronbach's Coefficient Alpha; Inter-Scorer Reliability k) Using and interpreting a coefficient of Reliability – purpose of the Reliability coefficient, nature of the test, the true score model of measurement and alternatives to it l) Reliability and individual scores: SEM and SE-Difference	12	8
August	<b><u>Unit 3. Validity and Measures of central tendency</u></b> a) The concept of validity; Face and Content validity b) Criterion-related validity and Construct validity c) Validity, bias and fairness	12	9

	<p>d) Calculation of mean, median and mode of a frequency distribution; the assumed mean method for calculating the mean</p> <p>e) Comparison of measures of central tendency: Merits, limitations, and uses of mean, median and mode</p>		

Month	Topics to be covered	Assigned lectures	Lectures undertaken
November	<b><u>Unit 1. Test Development and Correlation</u></b> h) Test conceptualization and Test construction i) Test tryout and Item analysis j) Test revision k) Meaning and types of correlation – positive, negative and zero; Graphic representations of correlation - Scatterplots l) The steps involved in calculation of Pearson's product-moment correlation coefficient m) Calculation of rho by Spearman's rank-difference method; Uses and limitations of correlation coefficient n) Simple Regression and Multiple Regression	12	11
December	<b><u>Unit 2. Measurement of Intelligence, Intelligence Scales, Probability, Normal Probability Curve and Standard scores</u></b> f) What is Intelligence? - Definitions and theories; measuring Intelligence g) The Stanford-Binet Intelligence Scales and the Wechsler Scales h) The concept of Probability; laws of Probability; Characteristics, importance and applications of the Normal Probability Curve; Area under the Normal Curve i) Skewness- positive and negative, causes of skewness, formula for calculation; Kurtosis - meaning and formula for calculation j) Standard scores – z, t, Stanine; Linear and non-linear transformation; Normalized Standard scores <b><u>Unit 3. Assessment of Personality</u></b> d) Personality Assessment – some basic questions: who, what, where, how; Developing instruments to assess personality – logic and reason, theory, data reduction methods, criterion groups; personality assessment and culture e) Objective methods of personality assessment f) Projective methods of personality assessment - Inkblots as Projective stimuli - the Rorschach; Pictures as Projective stimuli – Thematic Apperception Test; Projective methods in perspective	12	10
January	d) Personality Assessment – some basic questions: who, what, where, how; Developing instruments to assess personality – logic and reason, theory, data reduction methods, criterion groups; personality assessment and culture e) Objective methods of personality assessment f) Projective methods of personality assessment - Inkblots as Projective stimuli - the Rorschach; Pictures as Projective stimuli – Thematic Apperception Test; Projective methods in perspective	12	9

**Unit 4. Measures of Variability, Percentiles, and Percentile Ranks**

- e) Calculation of measures of variability: Range, Quartile Deviation and Standard Deviation
- f) Comparison of measures of variability: Merits, limitations, and uses .
- g) Calculation of Percentile ranks and Percentile Scores.
- h) Percentiles – nature, merits, limitations, and uses.

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Signature

*Agarwal*

Faculty member  
Coordinator

*R. K. Singh*  
Signature

Head of the Department/

Subject : Statistics PSYCHOLOGY Class: TYBA

Sem: II Div:

Faculty Name:

Anish G. Gaut

Date : 2020-21

SEMESTER 5

Month	Topics to be covered	Assigned lectures	Lectures undertaken
June	<b><u>Unit 1. Psychological Testing, Assessment and Norms</u></b> e) Definition of testing and assessment; the process and tools of assessment f) The parties and types of settings involved g) What is a 'Good Test'; Norms – sampling to develop norms, types of norms, fixed reference group h) scoring systems, norm-referenced versus criterion-referenced evaluation; culture and inference	12	10
July	<b><u>Unit 2. Reliability</u></b> e) The concept of Reliability; sources of error variance f) Reliability estimates: Test-Retest, Parallel and Alternate Forms, Split-Half, Inter-Item Consistency – Kuder-Richardson, Cronbach's Coefficient Alpha; Inter-Scorer Reliability g) Using and interpreting a coefficient of Reliability – purpose of the Reliability coefficient, nature of the test, the true score model of measurement and alternatives to it h) Reliability and individual scores: SEM and SE-Difference	12	11
August	<b><u>Unit 3. Validity and Measures of central tendency</u></b> a) The concept of validity; Face and Content validity b) Criterion-related validity and Construct validity c) Validity, bias and fairness	12	7

	<p>d) Calculation of mean, median and mode of a frequency distribution; the assumed mean method for calculating the mean</p> <p>e) Comparison of measures of central tendency: Merits, limitations, and uses of mean, median and mode</p>		
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Month	Topics to be covered	Assigned lectures	Lectures undertaken
November	<b><u>Unit 1. Test Development and Correlation</u></b> a) Test conceptualization and Test construction b) Test tryout and Item analysis c) Test revision d) Meaning and types of correlation – positive, negative and zero; Graphic representations of correlation - Scatterplots e) The steps involved in calculation of Pearson's product-moment correlation coefficient f) Calculation of rho by Spearman's rank-difference method; Uses and limitations of correlation coefficient g) Simple Regression and Multiple Regression	12	7
December	<b><u>Unit 2. Measurement of Intelligence, Intelligence Scales, Probability, Normal Probability Curve and Standard scores</u></b> a) What is Intelligence? - Definitions and theories; measuring Intelligence b) The Stanford-Binet Intelligence Scales and the Wechsler Scales c) The concept of Probability; laws of Probability; Characteristics, importance and applications of the Normal Probability Curve; Area under the Normal Curve d) Skewness- positive and negative, causes of skewness, formula for calculation; Kurtosis - meaning and formula for calculation e) Standard scores – z, t, Stanine; Linear and non-linear transformation; Normalized Standard scores <b><u>Unit 3. Assessment of Personality</u></b>	12	8
January	a) Personality Assessment – some basic questions: who, what, where, how; Developing instruments to assess personality – logic and reason, theory, data reduction methods, criterion groups; personality assessment and culture b) Objective methods of personality assessment c) Projective methods of personality assessment - Inkblots as Projective stimuli - the Rorschach; Pictures as Projective stimuli – Thematic Apperception Test; Projective methods in perspective	12	9

	<p><b><u>Unit 4. Measures of Variability, Percentiles, and Percentile Ranks</u></b></p> <p>a) Calculation of measures of variability: Range, Quartile Deviation and Standard Deviation</p> <p>b) Comparison of measures of variability: Merits, limitations, and uses .</p> <p>c) Calculation of Percentile ranks and Percentile Scores.</p> <p>d) Percentiles – nature, merits, limitations, and uses.</p>	12	7
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Signature

*Agant*

Faculty member  
Coordinator

*RK Singh*  
Signature

Head of the Department/

Government of Maharashtra  
Ismail Yusuf College  
Teaching Plan Department of Psychology

Subject: Statistics PSYCHOLOGY Class: TYBA

Sem: II

Div:

Faculty Name: *Anish G. Kaut*

Date : 2019-20

SEMESTER 5

Month	Topics to be covered	Assigned lectures	Lectures undertaken
June	<b><u>Unit 1. Psychological Testing, Assessment and Norms</u></b> a) Definition of testing and assessment; the process and tools of assessment b) The parties and types of settings involved c) What is a 'Good Test'; Norms – sampling to develop norms, types of norms, fixed reference group d) scoring systems, norm-referenced versus criterion-referenced evaluation; culture and inference	12	8
July	<b><u>Unit 2. Reliability</u></b> a) The concept of Reliability; sources of error variance b) Reliability estimates: Test-Retest, Parallel and Alternate Forms, Split-Half, Inter-Item Consistency – Kuder-Richardson, Cronbach's Coefficient Alpha; Inter-Scorer Reliability c) Using and interpreting a coefficient of Reliability – purpose of the Reliability coefficient, nature of the test, the true score model of measurement and alternatives to it d) Reliability and individual scores: SEM and SE-Difference	12	9
August	<b><u>Unit 3. Validity and Measures of central tendency</u></b> a) The concept of validity; Face and Content validity b) Criterion-related validity and Construct validity c) Validity, bias and fairness d) Calculation of mean, median and mode of a frequency distribution; the assumed mean method for calculating the mean e) Comparison of measures of central tendency: Merits, limitations, and uses of mean, median and mode	12	10

Month	Topics to be covered	Assigned lectures	Lectures undertaken
September	<p><b><u>Unit 4. Types of scores, Types of scales, Frequency distribution, Graphical representations</u></b></p> <p>a) Continuous and discrete scores – meaning and difference; Nominal, ordinal, interval and ratio scales of measurement</p> <p>b) Preparing a Frequency Distribution; advantages and disadvantages of preparing a frequency distribution; smoothed frequencies: method of running averages</p> <p>c) Graphical representations: Frequency polygon, histogram, cumulative frequency curve, ogive, polygon of smoothed frequencies</p>	12	9

Month	Topics to be covered	Assigned lectures	Lectures undertaken
November	<b><u>Unit 1. Test Development and Correlation</u></b> o) Test conceptualization and Test construction p) Test tryout and Item analysis q) Test revision r) Meaning and types of correlation – positive, negative and zero; Graphic representations of correlation - Scatterplots s) The steps involved in calculation of Pearson's product-moment correlation coefficient t) Calculation of rho by Spearman's rank-difference method; Uses and limitations of correlation coefficient u) Simple Regression and Multiple Regression	12	8
December	<b><u>Unit 2. Measurement of Intelligence, Intelligence Scales, Probability, Normal Probability Curve and Standard scores</u></b> k) What is Intelligence? - Definitions and theories; measuring Intelligence l) The Stanford-Binet Intelligence Scales and the Wechsler Scales m) The concept of Probability; laws of Probability; Characteristics, importance and applications of the Normal Probability Curve; Area under the Normal Curve n) Skewness- positive and negative, causes of skewness, formula for calculation; Kurtosis - meaning and formula for calculation o) Standard scores – z, t, Stanine; Linear and non-linear transformation; Normalized Standard scores	12	9
January	<b><u>Unit 3. Assessment of Personality</u></b> g) Personality Assessment – some basic questions: who, what, where, how; Developing instruments to assess personality – logic and reason, theory, data reduction methods, criterion groups; personality assessment and culture h) Objective methods of personality assessment i) Projective methods of personality assessment - Inkblots as Projective stimuli - the Rorschach; Pictures as Projective stimuli – Thematic Apperception Test; Projective methods in	12	7

	perspective		
	<b><u>Unit 4. Measures of Variability, Percentiles, and Percentile Ranks</u></b> <ul style="list-style-type: none"> <li>i) Calculation of measures of variability: Range, Quartile Deviation and Standard Deviation</li> <li>j) Comparison of measures of variability: Merits, limitations, and uses .</li> <li>k) Calculation of Percentile ranks and Percentile Scores.</li> <li>l) Percentiles – nature, merits, limitations, and uses.</li> </ul>	12	7

Signature

Faculty member  
Coordinator

Signature

Head of the Department/

Subject : Cognitive Psychology Class: TYBA

Sem: 5

Div:

Faculty Name: Dr. P. H. Mistry

Date : 2023-24

Month	Topics to be covered	Assigned lectures	Lectures undertaken
June	<b><u>Unit I: Perception: Recognizing Patterns and Objects</u></b> q) Introduction & Fundamental Concepts r) Human Perceptual Systems s)	12	7
July	t) Recognition Social Perception <b><u>Unit II: Attention and Consciousness</u></b> m) Introduction n) Attention	12	8
August	o) Consciousness  <b><u>Unit III. Sensory, Short Term and Working Memory</u></b> q) Introduction r) Sensory Memory s) Short Term Memory t) Working Memory	12	9
September	<b><u>Unit IV: Long-Term Memory</u></b> u) Introduction v) Memory and amnesia w) The structure of LTM x) Non-declarative memory y) Declarative memory	12	10

Month	Topics to be covered	Assigned lectures	Lectures undertaken
November	<b><u>Unit I. Learning, Forgetting and Imagery</u></b> u) Introduction v) Learning: Encoding, storage and retrieval w) Forgetting x) Everyday/ Real world memory y) Imagery and Concepts	12	7
December	<b><u>Unit II. Problem Solving</u></b> y) Introduction z) Problems and problems types aa) Brief history and background ab) Insight revisited ac) Knowledge rich (expert) problem solving ad) Creative problem solving	12	8
January	<b><u>Unit III: Decision Making</u></b> Introduction Expected value theory Utility and prospect theory Subjective probability and prospect theory Making probability judgments The affect heuristic Decision processes for multi-attribute alternatives Two-system approaches to decision making Fast and frugal heuristic: the adaptive toolbox Naturalistic decision making Neuroeconomics: Neuroscience approaches to decision making	12	9
February	<b><u>Unit IV: Reasoning</u></b> Introduction Deductive reasoning Inductive reasoning: Testing and generating hypotheses	12	10

Signature

Faculty member  
Coordinator

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Head of the Department/

Subject : Cognitive Psychology Class: TYBA

Sem: 5

Div:

Faculty Name: Ayesha H Husky

Date : 2022-23

Month	Topics to be covered	Assigned lectures	Lectures undertaken
June	<b><u>Unit I: Perception: Recognizing Patterns and Objects</u></b> m) Introduction & Fundamental Concepts n) Human Perceptual Systems o)	12	8
July	p) Recognition Social Perception <b><u>Unit II: Attention and Consciousness</u></b> j) Introduction k) Attention	12	7
August	l) Consciousness  <b><u>Unit III. Sensory, Short Term and Working Memory</u></b> m) Introduction n) Sensory Memory o) Short Term Memory p) Working Memory	12	7
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Month	Topics to be covered	Assigned lectures	Lectures undertaken
November	<b><u>Unit I. Learning, Forgetting and Imagery</u></b> p) Introduction q) Learning: Encoding, storage and retrieval r) Forgetting s) Everyday/ Real world memory t) Imagery and Concepts	12	7
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February	<b><u>Unit IV: Reasoning</u></b> Introduction Deductive reasoning Inductive reasoning: Testing and generating hypotheses	12	9

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Faculty member  
Coordinator

  
Signature

Head of the Department/

Subject : Cognitive Psychology Class: TYBA

Sem: 5

Div:

Faculty Name: Dr. Shalini H. Mishra

Date : 2021-22

Month	Topics to be covered	Assigned lectures	Lectures undertaken
June	<b><u>Unit I: Perception: Recognizing Patterns and Objects</u></b> i) Introduction & Fundamental Concepts j) Human Perceptual Systems k)	12	11
July	l) Recognition Social Perception <b><u>Unit II: Attention and Consciousness</u></b> g) Introduction h) Attention	12	10
August	i) Consciousness  <b><u>Unit III: Sensory, Short Term and Working Memory</u></b> i) Introduction j) Sensory Memory k) Short Term Memory l) Working Memory	12	8
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Month	Topics to be covered	Assigned lectures	Lectures undertaken
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February	<b><u>Unit IV: Reasoning</u></b> Introduction Deductive reasoning Inductive reasoning: Testing and generating hypotheses	12	8

Signature

*[Signature]*  
Faculty member  
Coordinator

Signature

*[Signature]*  
Head of the Department/

Subject : Cognitive Psychology Class: TYBA  
Faculty Name: Ayesha H Mistry

Sem: 5

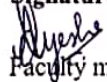
Div:

Date : 2020-21

Month	Topics to be covered	Assigned lectures	Lectures undertaken
June	<b><u>Unit I: Perception: Recognizing Patterns and Objects</u></b> e) Introduction & Fundamental Concepts f) Human Perceptual Systems g)	12	8
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September	<b><u>Unit IV: Long-Term Memory</u></b> f) Introduction g) Memory and amnesia h) The structure of LTM i) Non-declarative memory j) Declarative memory	12	10

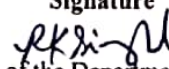
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February	<b><u>Unit IV: Reasoning</u></b> Introduction Deductive reasoning Inductive reasoning: Testing and generating hypotheses	12	10

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Faculty member  
Coordinator

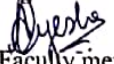
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Head of the Department/

Month	Topics to be covered	Assigned lectures	Lectures undertaken
November	<b><u>Unit I. Learning, Forgetting and Imagery</u></b> a) Introduction b) Learning: Encoding, storage and retrieval c) Forgetting d) Everyday/ Real world memory e) Imagery and Concepts	12	9
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February	<b><u>Unit IV: Reasoning</u></b> Introduction Deductive reasoning Inductive reasoning: Testing and generating hypotheses	12	10

Signature

  
 Faculty member  
 Coordinator

  
 Signature

Head of the Department/

Subject : Cognitive Psychology Class: TYBA

Sem: 5

Div:

Faculty Name: Ayesha H Nisliq

Date : 2019-20

Month	Topics to be covered	Assigned lectures	Lectures undertaken
June	<b><u>Unit I: Perception: Recognizing Patterns and Objects</u></b> a) Introduction & Fundamental Concepts b) Human Perceptual Systems c)	12	8
July	d) Recognition Social Perception <b><u>Unit II: Attention and Consciousness</u></b> a) Introduction b) Attention	12	9
August	c) Consciousness  <b><u>Unit III. Sensory, Short Term and Working Memory</u></b> a) Introduction b) Sensory Memory c) Short Term Memory d) Working Memory	12	9
September	<b><u>Unit IV: Long-Term Memory</u></b> a) Introduction b) Memory and amnesia c) The structure of LTM d) Non-declarative memory e) Declarative memory	12	11

Subject: Industrial/Organizational Psychology Class: TYBA

Faculty Name: *Ayesha H Nistky*

Sem: 5 Div:

Date : 2019-20

Month	Topics to be covered	Assigned lectures	Lectures undertaken
June	<b><u>Unit 1: Introduction to Industrial/Organizational Psychology &amp; Job Analysis</u></b> <b>A: Introduction to Industrial/Organizational Psychology</b> a) What Is I/O Psychology? b) I/O Psychology as a profession & as a science c) History of the field of I/O Psychology <b>B: Job Analysis</b> a) What is job analysis: The job-oriented approach & the person-oriented approach. b) Purposes of job analysis c) How job analysis information is collected; approaches to collecting job analysis information d) Methods of job analysis e) Job evaluation: setting salary levels	12	10
July	<b><u>Unit 2: Performance Appraisal</u></b> a) Why do we appraise employees? b) Performance criteria c) Methods for assessing job performance: Objective and subjective methods for assessing job	12	11
August	<b><u>Unit 3: Assessment Methods for Selection and Placement &amp; Recruitment</u></b> <b>A: Assessment Methods for Selection and Placement</b> a) Job-Related characteristics. b) Different types of psychological tests based on format: group vs. individual, close-ended vs. open-ended; paper-and-pencil vs. performance; power vs. speed c) Different types of psychological tests based on what is measured: cognitive ability tests, Biographical information, interviews, work samples, assessment centers & electronic assessment. <b>B. Recruitment</b>	12	10

	<ul style="list-style-type: none"> <li>a) Recruiting applicants</li> <li>b) Getting applicants to accept and keep jobsoffered</li> <li>c) Policies and issues with regard to selection: Reservation policy; gender and disability statusof applicant</li> </ul>		
	<p><b><u>Unit 4. Training</u></b></p> <ul style="list-style-type: none"> <li>a) Needs assessment</li> <li>b) Objectives</li> <li>c) Training design: trainee characteristics; design factors; work environment</li> <li>d) Training methods: Audiovisual instruction, autoinstruction, conference/lecture, on-the-job training, modeling/role-playing/simulation, e-learning, mentoring/executive coaching</li> <li>e) Brief overview of delivery and evaluation of a training program</li> </ul>	12	2

Month	Topics to be covered	Assigned lectures	Lectures undertaken
	<b><u>Unit 1. Theories of Employee Motivation</u></b> j) What is motivation? k) Work motivation theories & need theories l) Other Theories: Reinforcement theory, expectancy theory and self-efficacy theory; justice theories; goal-setting theory, control theory and action theory	12	9
	<b><u>Unit 2: Job Satisfaction &amp; Productive and Counterproductive Employee Behaviour</u></b> <b>A. Job Satisfaction</b> m) The nature of job satisfaction; how people feel about their jobs n) Assessment of job satisfaction o) Antecedents of job satisfaction p) Potential effects of job satisfaction <b>B. Productive and Counterproductive Employee Behaviour</b> j) Organizational Citizenship Behaviour (OCB) k) Counterproductive work behaviour (CWB): Withdrawal l) Counterproductive work behaviour: Aggression, sabotage, and theft; labour unrest and strikes	12	10
	<b><u>Unit 3: Work Groups, Work Teams &amp; Leadership and Power in Organizations</u></b> <b>A. Work Groups and Work Teams</b> g) Difference between work groups and work teams h) Important group and team concepts <b>B. Leadership and Power in Organizations</b> m) What is leadership? n) Sources of influence and power; abuse of supervisory power: sexual and ethnic harassment o) Approaches to the understanding of leadership p) Women in leadership positions; gender differences in leadership style; cross-cultural differences in leadership	12	11
	<b><u>Unit 4. Organizational Development and Theory</u></b> g) Organizational Development h) Organizational Theories	12	8

Subject: Industrial/Organizational Psychology Class: TYBA  
 Faculty Name: *Dr. H. H. Mistry*

Sem: 5 Div:  
 Date : 2020-21

Month	Topics to be covered	Assigned lectures	Lectures undertaken
June	<b><u>Unit 1: Introduction to Industrial/Organizational Psychology &amp; Job Analysis</u></b> <b>A: Introduction to Industrial/Organizational Psychology</b> d) What Is I/O Psychology? e) I/O Psychology as a profession & as a science f) History of the field of I/O Psychology <b>B: Job Analysis</b> f) What is job analysis: The job-oriented approach & the person-oriented approach. g) Purposes of job analysis h) How job analysis information is collected; approaches to collecting job analysis information i) Methods of job analysis j) Job evaluation: setting salary levels	12	11
July	<b><u>Unit 2: Performance Appraisal</u></b> d) Why do we appraise employees? e) Performance criteria f) Methods for assessing job performance: Objective and subjective methods for assessing job performance; 360-degree feedback	12	8
August	<b><u>Unit 3: Assessment Methods for Selection and Placement &amp; Recruitment</u></b> <b>A: Assessment Methods for Selection and Placement</b> d) Job-Related characteristics. e) Different types of psychological tests based on format: group vs. individual, close-ended vs. open-ended; paper-and-pencil vs. performance; power vs. speed f) Different types of psychological tests based on what is measured: cognitive ability tests, Biographical information, interviews, work samples, assessment centers & electronic assessment. <b>B. Recruitment</b> d) Recruiting applicants	12	9

	<ul style="list-style-type: none"> <li>e) Getting applicants to accept and keep jobsoffered</li> <li>f) Policies and issues with regard to selection: Reservation policy; gender and disability statusof applicant</li> </ul>		
	<p><b><u>Unit 4. Training</u></b></p> <ul style="list-style-type: none"> <li>f) Needs assessment</li> <li>g) Objectives</li> <li>h) Training design: trainee characteristics; design factors; work environment</li> <li>i) Training methods: Audiovisual instruction, autoinstruction, conference/lecture, on-the-job training, modeling/role-playing/simulation, e-learning, mentoring/executive coaching</li> <li>j) Brief overview of delivery and evaluation of a training program</li> </ul>	12	10

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Subject: Industrial/Organizational Psychology Class: TYBA  
 Faculty Name: *Ayesha H. Mhatre*

Sem: *5* Div:  
 Date : 2021-22

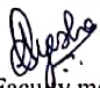
Month	Topics to be covered	Assigned lectures	Lectures undertaken
June	<b><u>Unit 1: Introduction to Industrial/Organizational Psychology &amp; Job Analysis</u></b> <b>A: Introduction to Industrial/Organizational Psychology</b> g) What Is I/O Psychology? h) I/O Psychology as a profession & as a science i) History of the field of I/O Psychology <b>B: Job Analysis</b> k) What is job analysis: The job-oriented approach & the person-oriented approach. l) Purposes of job analysis m) How job analysis information is collected; approaches to collecting job analysis information n) Methods of job analysis o) Job evaluation: setting salary levels	12	9
July	<b><u>Unit 2: Performance Appraisal</u></b> g) Why do we appraise employees? h) Performance criteria i) Methods for assessing job performance: Objective and subjective methods for assessing job performance; 360-degree feedback	12	10
August	<b><u>Unit 3: Assessment Methods for Selection and Placement &amp; Recruitment</u></b> <b>A: Assessment Methods for Selection and Placement</b> g) Job-Related characteristics. h) Different types of psychological tests based on format: group vs. individual, close-ended vs. open-ended; paper-and-pencil vs. performance; power vs. speed i) Different types of psychological tests based on what is measured: cognitive ability tests, Biographical information, interviews, work samples, assessment centers & electronic assessment. <b>B. Recruitment</b> g) Recruiting applicants	12	11
	h) Different types of psychological tests based on format: group vs. individual, close-ended vs. open-ended; paper-and-pencil vs. performance; power vs. speed i) Different types of psychological tests based on what is measured: cognitive ability tests, Biographical information, interviews, work samples, assessment centers & electronic assessment. <b>B. Recruitment</b> g) Recruiting applicants		

	<ul style="list-style-type: none"> <li>h) Getting applicants to accept and keep jobsoffered</li> <li>i) Policies and issues with regard to selection: Reservation policy; gender and disability statusof applicant</li> </ul>		
	<p><b><u>Unit 4. Training</u></b></p> <ul style="list-style-type: none"> <li>k) Needs assessment</li> <li>l) Objectives</li> <li>m) Training design: trainee characteristics; design factors; work environment</li> <li>n) Training methods: Audiovisual instruction, autoinstruction, conference/lecture, on-the-job training, modeling/role-playing/simulation, e-learning, mentoring/executive coaching</li> <li>o) Brief overview of delivery and evaluation of a training program</li> </ul>	12	9

Month	Topics to be covered	Assigned lectures	Lectures undertaken
	<p><b><u>Unit 1: Theories of Employee Motivation</u></b></p> <p>m) What is motivation?</p> <p>n) Work motivation theories &amp; need theories</p> <p>o) Other Theories: Reinforcement theory, expectancy theory and self-efficacy theory; justice theories; goal-setting theory, control theory and action theory</p> <p><b><u>Unit 2: Job Satisfaction &amp; Productive and Counterproductive Employee Behaviour</u></b></p> <p><b>A. Job Satisfaction</b></p> <p>q) The nature of job satisfaction; how people feel about their jobs</p> <p>r) Assessment of job satisfaction</p> <p>s) Antecedents of job satisfaction</p> <p>t) Potential effects of job satisfaction</p> <p><b>B. Productive and Counterproductive Employee Behaviour</b></p> <p>m) Organizational Citizenship Behaviour (OCB)</p> <p>n) Counterproductive work behaviour (CWB): Withdrawal</p> <p>o) Counterproductive work behaviour: Aggression, sabotage, and theft; labour unrest and strikes</p> <p><b><u>Unit 3: Work Groups, Work Teams &amp; Leadership and Power in Organizations</u></b></p> <p><b>A. Work Groups and Work Teams</b></p> <p>i) Difference between work groups and work teams</p> <p>j) Important group and team concepts</p> <p><b>B. Leadership and Power in Organizations</b></p> <p>q) What is leadership?</p> <p>r) Sources of influence and power; abuse of supervisory power: sexual and ethnic harassment</p> <p>s) Approaches to the understanding of leadership</p> <p>t) Women in leadership positions; gender differences in leadership style; cross-cultural differences in leadership</p>	<p>12</p> <p>12</p> <p>12</p>	<p>11</p> <p>8</p> <p>7</p>

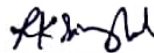
	<b><u>Unit 4. Organizational Development and Theory</u></b> i) Organizational Development j) Organizational Theories	12	8

Signature



Faculty member  
Coordinator

Signature



Head of the Department/

Subject: Industrial/Organizational Psychology Class: TYBA  
Faculty Name: *Ayesha H Mistry*

Sem: 5 Div:  
Date : 2022-23

Month	Topics to be covered	Assigned lectures	Lectures undertaken
June	<b><u>Unit 1: Introduction to Industrial/Organizational Psychology &amp; Job Analysis</u></b> <b>A: Introduction to Industrial/Organizational Psychology</b> m) What is I/O Psychology? n) I/O Psychology as a profession & as a science o) History of the field of I/O Psychology <b>B: Job Analysis</b> u) What is job analysis: The job-oriented approach & the person-oriented approach. v) Purposes of job analysis w) How job analysis information is collected; approaches to collecting job analysis information x) Methods of job analysis y) Job evaluation: setting salary levels	12	11
July	<b><u>Unit 2: Performance Appraisal</u></b> m) Why do we appraise employees? n) Performance criteria o) Methods for assessing job performance: Objective and subjective methods for assessing job performance; 360-degree feedback	12	10
August	<b><u>Unit 3: Assessment Methods for Selection and Placement &amp; Recruitment</u></b> <b>A: Assessment Methods for Selection and Placement</b> m) Job-Related characteristics. n) Different types of psychological tests based on format: group vs. individual, close-ended vs. open-ended; paper-and-pencil vs. performance; power vs. speed o) Different types of psychological tests based on what is measured: cognitive ability tests, Biographical information, interviews, work samples, assessment centers & electronic assessment. <b>B. Recruitment</b> m) Recruiting applicants n) Getting applicants to accept and keep	12	7

	<p>jobsoffered</p> <p>o) Policies and issues with regard to selection: Reservation policy; gender and disability statusof applicant</p> <p><b><u>Unit 4. Training</u></b></p> <p>u) Needs assessment</p> <p>v) Objectives</p> <p>w) Training design: trainee characteristics; design factors; work environment</p> <p>x) Training methods: Audiovisual instruction, autoinstruction, conference/lecture, on-the-job training, modeling/role-playing/simulation, e- learning, mentoring/executive coaching</p> <p>y) Brief overview of delivery and evaluation of a training program</p>	12	8
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Month	Topics to be covered	Assigned lectures	Lectures undertaken
	<b><u>Unit 1: Theories of Employee Motivation</u></b> a) What is motivation? b) Work motivation theories & need theories c) Other Theories: Reinforcement theory, expectancy theory and self-efficacy theory; justice theories; goal-setting theory, control theory and action theory	12	8
	<b><u>Unit 2: Job Satisfaction &amp; Productive and Counterproductive Employee Behaviour</u></b> <b>A. Job Satisfaction</b> a) The nature of job satisfaction; how people feel about their jobs b) Assessment of job satisfaction c) Antecedents of job satisfaction d) Potential effects of job satisfaction <b>B. Productive and Counterproductive Employee Behaviour</b> a) Organizational Citizenship Behaviour (OCB) b) Counterproductive work behaviour (CWB): Withdrawal c) Counterproductive work behaviour: Aggression, sabotage, and theft; labour unrest and strikes	12	9
	<b><u>Unit 3: Work Groups, Work Teams &amp; Leadership and Power in Organizations</u></b> <b>A. Work Groups and Work Teams</b> a) Difference between work groups and work teams b) Important group and team concepts <b>B. Leadership and Power in Organizations</b> a) What is leadership? b) Sources of influence and power; abuse of supervisory power: sexual and ethnic harassment c) Approaches to the understanding of leadership d) Women in leadership positions; gender differences in leadership style; cross-cultural differences in leadership	12	10
	<b><u>Unit 4. Organizational Development and Theory</u></b> a) Organizational Development b) Organizational Theories	12	11

Government of Maharashtra  
Ismail Yusuf College  
Teaching Plan Department of Psychology

Subject: Counseling Psychology

Class: TYBA

Sem: V

Div:

Faculty Name: Mrs.Babina S. Shaikh

Date : 22-23

Month	Topics to be covered	Assigned lectures	Lectures undertaken
July	<p><b><u>Unit 1: Introduction to Counselling:</u></b></p> <p>m) Role of formal and informal helpers, key ingredients of successful helping, focus on client and context- what client brings in sessions, defining success in terms of outcomes with life-enhancing impact for the client, qualities of effective helper.</p>	12	10
August	<p>n) Role of beliefs, values, norms, and moral principles in the helping process. Helping clients redo poor decisions and make and execute life-enhancing decisions.</p> <p>o) Developing working alliance, key values that drive the working alliance, behaviours showing disrespect &amp; respect.</p> <p>p) Appreciating the role of culture, personal culture, and values, competencies related to client diversity and culture, promoting self-responsibility by helping clients develop and use self-efficacy.</p>		
September	<p><b><u>Unit 2. Psychoanalytic, Adlerian, Humanistic, Behavioral, Cognitive Theories of Counselling</u></b></p> <p>(</p> <p>g) Psychoanalytic theories, Adlerian theory, Humanistic theories</p> <p>h) Behavioural counselling,</p>	12	9

	Cognitive and Cognitive-Behavioural Counselling		
	<b><u>Unit 3. Systemic, Brief, Crisis Theories and Group Counseling</u></b>		
October	g) Systems theories, brief counselling approaches, Crisis and trauma counselling approaches. h) A brief history of groups, benefits, drawbacks and types of groups. Theoretical approaches in conducting groups, stages in groups.	12	11
	<b><u>Unit 4. Counselling in Diverse Groups</u></b>		
November	g) Counselling aged populations, gender-based counselling, counselling and sexual orientation. h) Abuse & Addiction Counselling	12	9

  
Faculty Member

  
Head of The Department/Coordinator

Government of Maharashtra  
Ismail Yusuf College  
Teaching Plan Department of Psychology

Subject: Counseling Psychology  
Faculty Name: Mrs. Babina S. Shaikh

Class: TYBA

Sem: VI

Div:

Date : 22-23

Month	Topics to be covered	Assigned lectures	Lectures undertaken
July	<b><u>Unit 1. Therapeutic Presence: Importance of Listening</u></b> j) Dialogue as the second nature to interactions with clients, basic guidelines for visibly tuning in to clients. Nonverbal behaviour as a channel of communication. Active listening as the foundation of understanding. k) Forms of poor listening, processing information from client in a thoughtful search for meaning. l) Importance of listening to helpers own internal conversation, key ingredients of successful therapy, dealing with distorted listening.	12	10
August	<b><u>Unit 2. Empathic Responding</u></b> j) Importance of responding skills in developing relationships with clients-empathy as a communication skill to develop relationships, wider view of empathy k) Three dimensions of responding skills- perceptiveness as the foundation of responding skills, basic know-how of responding well, assertiveness in responding to clients l) Basic formula for communicating empathy- responding accurately to clients' feelings, emotions, and moods, responding accurately to the key experiences, thoughts, and behaviours in clients' stories, tactics for responding with empathy, responding to the context, using empathy to achieve therapeutic goals	12	9
	<b><u>Unit 3. Other Skills</u></b> <b>J. Art of Probing , Summarizing</b> g) Probing, verbal and nonverbal prompts, types of probing, guidelines for using probes, probes with empathic response. h) Using Summaries: Use summaries when they add value, get clients to provide summaries, use of summaries and probes in the case of Marcus and	12	8

September	<p>Andréa.</p> <p><b>K. Challenging &amp; Self disclosure</b></p> <p>g) Challenging: concept of self-challenge, targets of self challenge, identifying blind spots, skills to challenge blind spots.</p> <p>h) Helpers self - disclosure</p> <p><b>L. Dealing with Resistance: identifying and dealing with reluctance and resistance</b></p> <p><u>Unit 4. The stages and tasks of problem management</u></p>		
October	<p><b>M. Tasks of Stage I-</b>Challenges clients face in talking about themselves, Case illustration, principles that can guide to help clients tell their stories- feel safe, styles of storytelling, starting where the client starts, assessing severity of problems, helping clients identify and clarify key issues, exploring context of key issues.</p> <p><b>N. Help clients tell their real stories,</b>case illustration,help clients challenge the quality of their participation. Help clients focus on the right story,choosing issues that will make a difference in their lives , challenging to make right decisions.</p> <p><b>O. Tasks of Stage II-</b>Help clients determine what kind of change they need or want,help clients distinguish needs from wants, continuum between first-order and second-order change, power of goal setting guidelines to help clients set goals, helping clients commit themselves to their goals.</p>	12	9
November	<p><b>P. Tasks of Stage III-</b>Help clients develop strategies for accomplishing their goals – brainstorming, frameworks, finding social support, skills, strategies. Choosing goal-accomplishing strategies,balance-sheet method for choosing strategies, choosing evidence-based treatments.</p>		

*Barbara*

Faculty Member

*R. Singh*

Head of The Department/Coordinator

**Government of Maharashtra  
Ismail Yusuf College  
Teaching Plan Department of Psychology**

**Subject: Counseling Psychology      Class: TYBA      Sem: V      Div:**  
**Faculty Name: Mrs.Babina S. Shaikh      Date : 21-22**

Month	Topics to be covered	Assigned lectures	Lectures undertaken
July	<b><u>Unit 1: Introduction to Counselling:</u></b> i) Role of formal and informal helpers, key ingredients of successful helping, focus on client and context- what client brings in sessions, defining success in terms of outcomes with life-enhancing impact for the client, qualities of effective helper. j) Role of beliefs, values, norms, and moral principles in the helping process. Helping clients redo poor decisions and make and execute life-enhancing decisions.	12	9
August	k) Developing working alliance, key values that drive the working alliance, behaviours showing disrespect & respect. l) Appreciating the role of culture, personal culture, and values, competencies related to client diversity and culture, promoting self-responsibility by helping clients develop and use self-efficacy.		
	<b><u>Unit 2. Psychoanalytic, Adlerian, Humanistic, Behavioral, Cognitive Theories of Counselling</u></b> (e) Psychoanalytic theories, Adlerian theory, Humanistic theories	12	9

September	f) Behaviouralcounselling, Cognitive and Cognitive- BehaviouralCounselling		
October	<u>Unit 3. Systemic, Brief, Crisis Theories and Group Counseling</u> e) Systems theories, brief counselling approaches, Crisis and trauma counselling approaches. f) A brief history of groups, benefits, drawbacks and types of groups. Theoretical approaches in conducting groups, stages in groups.	12	8
November	<u>Unit 4. Counselling in Diverse Groups</u> e) Counselling aged populations, gender-based counselling, counselling and sexual orientation. f) Abuse & Addiction Counselling	12	10

  
Faculty Member

  
Head of The Department/Coordinator

Government of Maharashtra  
Ismail Yusuf College  
Teaching Plan Department of Psychology

Subject: Counseling Psychology

Class: TYBA

Sem: VI

Div:

Faculty Name: Mrs. Babina S. Shaikh

Date : 21-22

Month	Topics to be covered	Assigned lectures	Lectures undertaken
July	<p><b><u>Unit 1. Therapeutic Presence: Importance of Listening</u></b></p> <p>g) Dialogue as the second nature to interactions with clients, basic guidelines for visibly tuning in to clients. Nonverbal behaviour as a channel of communication. Active listening as the foundation of understanding.</p> <p>h) Forms of poor listening, processing information from client in a thoughtful search for meaning.</p> <p>i) Importance of listening to helpers own internal conversation, key ingredients of successful therapy, dealing with distorted listening.</p> <p><b><u>Unit 2. Empathic Responding</u></b></p> <p>g) Importance of responding skills in developing relationships with clients- empathy as a communication skill to develop relationships, wider view of empathy</p> <p>h) Three dimensions of responding skills- perceptiveness as the foundation of responding skills, basic know-how of responding well, assertiveness in responding to clients</p> <p>i) Basic formula for communicating empathy- responding accurately to clients' feelings, emotions, and moods, responding accurately to the key experiences, thoughts, and behaviours in clients' stories, tactics for responding with empathy, responding to the context, using empathy to achieve therapeutic goals</p>	12	9
August	<p><b><u>Unit 3. Other Skills</u></b></p> <p>G. Art of Probing , Summarizing</p> <p>e) Probing, verbal and nonverbal prompts, types of probing, guidelines for using probes, probes with empathic response.</p> <p>f) Using Summaries: Use summaries when they add value, get clients to provide summaries, use of summaries and probes in the case of Marcus and</p>	12	10

September	<p>Andréa.</p> <p><b>H. Challenging &amp; Self disclosure</b></p> <p>e) Challenging: concept of self-challenge, targets of self challenge. identifying blind spots, skills to challenge blind spots.</p> <p>f) Helpers self - disclosure</p> <p><b>I. Dealing with Resistance: identifying and dealing with reluctance and resistance</b></p> <p><u>Unit 4. The stages and tasks of problem management</u></p>		
October	<p><b>I. Tasks of Stage I</b>-Challenges clients face in talking about themselves, Case illustration, principles that can guide to help clients tell their stories- feel safe, styles of storytelling, starting where the client starts, assessing severity of problems, helping clients identify and clarify key issues, exploring context of key issues.</p> <p><b>J. Help clients tell their real stories, case illustration, help clients challenge the quality of their participation. Help clients focus on the right story, choosing issues that will make a difference in their lives, challenging to make right decisions.</b></p> <p><b>K. Tasks of Stage II</b>-Help clients determine what kind of change they need or want, help clients distinguish needs from wants, continuum between first-order and second-order change, power of goal setting guidelines to help clients set goals, helping clients commit themselves to their goals.</p>	12	9
November	<p><b>L. Tasks of Stage III</b>-Help clients develop strategies for accomplishing their goals – brainstorming, frameworks, finding social support, skills, strategies. Choosing goal-accomplishing strategies, balance-sheet method for choosing strategies, choosing evidence-based treatments.</p>		

  
Faculty Member

  
Head of The Department/Coordinator

Government of Maharashtra  
Ismail Yusuf College  
Teaching Plan Department of Psychology

Subject: Counseling Psychology  
Faculty Name: Mrs.Babina S. Shaikh

Class: TYBA

Sem: V Div:  
Date : 20-21

Month	Topics to be covered	Assigned lectures	Lectures undertaken
July	<b><u>Unit 1: Introduction to Counselling:</u></b> <b><u>(Egan &amp; Resse, Chapters 1 and 3)</u></b> e) Role of formal and informal helpers, key ingredients of successful helping, focus on client and context- what client brings in sessions, defining success in terms of outcomes with life-enhancing impact for the client, qualities of effective helper. f) Role of beliefs, values, norms, and moral principles in the helping process. Helping clients redo poor decisions and make and execute life-enhancing decisions. g) Developing working alliance, key values that drive the working alliance, behaviours showing disrespect & respect. h) Appreciating the role of culture, personal culture, and values, competencies related to client diversity and culture, promoting self-responsibility by helping clients develop and use self-efficacy.	12	8
August	<b><u>Unit 2. Psychoanalytic, Adlerian, Humanistic, Behavioral, Cognitive Theories of Counselling</u></b> (c) Psychoanalytic theories,	12	9

September	<p>Adlerian theory, Humanistic theories</p> <p>d) Behavioural counselling, Cognitive and Cognitive-Behavioural Counselling</p>		
October	<p><b><u>Unit 3. Systemic, Brief, Crisis Theories and Group Counseling</u></b></p> <p>c) Systems theories, brief counselling approaches, Crisis and trauma counselling approaches.</p> <p>d) A brief history of groups, benefits, drawbacks and types of groups. Theoretical approaches in conducting groups, stages in groups.</p>	12	7
November	<p><b><u>Unit 4. Counselling in Diverse Groups</u></b></p> <p>c) Counselling aged populations, gender-based counselling, counselling and sexual orientation.</p> <p>d) Abuse &amp; Addiction Counselling</p>	12	8

*Chabir*

Faculty Member

*R. Singh*

Head of The Department/Coordin

Government of Maharashtra  
Ismail Yusuf College  
Teaching Plan Department of Psychology

Subject: Counseling Psychology

Class: TYBA

Sem: VI

Div:

Faculty Name: Mrs.Babina S. Shaikh

Date : 20-21

Month	Topics to be covered	Assigned lectures	Lectures undertaken
July	<b><u>Unit 1. Therapeutic Presence: Importance of Listening</u></b> d) Dialogue as the second nature to interactions with clients, basic guidelines for visibly tuning in to clients. Nonverbal behaviour as a channel of communication. Active listening as the foundation of understanding. e) Forms of poor listening, processing information from client in a thoughtful search for meaning. f) Importance of listening to helpers own internal conversation, key ingredients of successful therapy, dealing with distorted listening.	12	8
August	<b><u>Unit 2. Empathic Responding</u></b> d) Importance of responding skills in developing relationships with clients- empathy as a communication skill to develop relationships, wider view of empathy e) Three dimensions of responding skills- perceptiveness as the foundation of responding skills, basic know-how of responding well, assertiveness in responding to clients f) Basic formula for communicating empathy- responding accurately to clients' feelings, emotions, and moods, responding accurately to the key experiences, thoughts, and behaviours in clients' stories, tactics for responding with empathy, responding to the context, using empathy to achieve therapeutic goals	12	9
	<b><u>Unit 3. Other Skills</u></b> D. Art of Probing , Summarizing c) Probing, verbal and nonverbal prompts, types of probing, guidelines for using probes, probes with empathic response. d) Using Summaries: Use summaries when they add value, get clients to provide summaries, use of summaries and probes in the case of Marcus and	12	10

September	<p>Andréa.</p> <p><b>E. Challenging &amp; Self disclosure</b></p> <p>c) Challenging: concept of self-challenge, targets of self challenge, identifying blind spots, skills to challenge blind spots.</p> <p>d) Helpers self - disclosure</p> <p><b>F. Dealing with Resistance:</b> identifying and dealing with reluctance and resistance</p> <p><b>Unit 4. The stages and tasks of problem management</b></p>		
October	<p><b>E. Tasks of Stage I</b>-Challenges clients face in talking about themselves, Case illustration, principles that can guide to help clients tell their stories- feel safe, styles of storytelling, starting where the client starts, assessing severity of problems, helping clients identify and clarify key issues, exploring context of key issues.</p> <p><b>F. Help clients tell their real stories,</b> case illustration, help clients challenge the quality of their participation. Help clients focus on the right story, choosing issues that will make a difference in their lives , challenging to make right decisions.</p>	12	7
November	<p><b>G. Tasks of Stage II</b>-Help clients determine what kind of change they need or want, help clients distinguish needs from wants, continuum between first-order and second-order change, power of goal setting guidelines to help clients set goals, helping clients commit themselves to their goals.</p> <p><b>H. Tasks of Stage III</b>-Help clients develop strategies for accomplishing their goals - brainstorming, frameworks, finding social support, skills, strategies. Choosing goal-accomplishing strategies, balance-sheet method for choosing strategies, choosing evidence-based treatments.</p>		
November			

  
Faculty Member

  
Head of The Department/Coordinator

Government of Maharashtra  
Ismail Yusuf College  
Teaching Plan Department of Psychology

Subject: Counseling Psychology  
Faculty Name: Mrs.Babina S. Shaikh

Class: TYBA

Sem: V Div:  
Date : 19-20

Month	Topics to be covered	Assigned lectures	Lectures undertaken
July	<b><u>Unit 1: Introduction to Counselling:</u></b> <b><u>(Egan &amp; Resse, Chapters 1 and 3)</u></b> a) Role of formal and informal helpers, key ingredients of successful helping, focus on client and context- what client brings in sessions, defining success in terms of outcomes with life-enhancing impact for the client, qualities of effective helper. b) Role of beliefs, values, norms, and moral principles in the helping process. Helping clients redo poor decisions and make and execute life-enhancing decisions. c) Developing working alliance, key values that drive the working alliance, behaviours showing disrespect & respect. d) Appreciating the role of culture, personal culture, and values, competencies related to client diversity and culture, promoting self-responsibility by helping clients develop and use self-efficacy.	12	8
August			
September	<b><u>Unit 2. Psychoanalytic, Adlerian, Humanistic, Behavioral, Cognitive Theories of Counselling</u></b> ( a) Psychoanalytic theories, Adlerian theory, Humanistic theories	12	10

October	<p>b) Behavioural counselling, Cognitive and Cognitive-Behavioural Counselling</p> <p><b><u>Unit 3. Systemic, Brief, Crisis Theories and Group Counseling</u></b></p> <p>a) Systems theories, brief counselling approaches, Crisis and trauma counselling approaches.</p> <p>b) A brief history of groups, benefits, drawbacks and types of groups. Theoretical approaches in conducting groups, stages in groups.</p>	12	8
November	<p><b><u>Unit 4. Counselling in Diverse Groups</u></b></p> <p>a) Counselling aged populations, gender-based counselling, counselling and sexual orientation.</p> <p>b) Abuse &amp; Addiction Counselling</p>	12	11

*Chabini*

Faculty Member

*R. K. Singh*

Head of The Department/Coordin

Government of Maharashtra  
Ismail Yusuf College  
Teaching Plan Department of Psychology

Subject: Counseling Psychology  
Faculty Name: Mrs. Babina S. Shaikh

Class: TYBA

Sem: VI

Div:

Date : 19-20

Month	Topics to be covered	Assigned lectures	Lectures undertaken
July	<b><u>Unit 1. Therapeutic Presence: Importance of Listening</u></b> a) Dialogue as the second nature to interactions with clients, basic guidelines for visibly tuning in to clients. Nonverbal behaviour as a channel of communication. Active listening as the foundation of understanding. b) Forms of poor listening, processing information from client in a thoughtful search for meaning. c) Importance of listening to helpers own internal conversation, key ingredients of successful therapy, dealing with distorted listening.	12	8
August	<b><u>Unit 2. Empathic Responding</u></b> a) Importance of responding skills in developing relationships with clients-empathy as a communication skill to develop relationships, wider view of empathy b) Three dimensions of responding skills- perceptiveness as the foundation of responding skills, basic know-how of responding well, assertiveness in responding to clients c) Basic formula for communicating empathy- responding accurately to clients' feelings, emotions, and moods, responding accurately to the key experiences, thoughts, and behaviours in clients' stories, tactics for responding with empathy, responding to the context, using empathy to achieve therapeutic goals	12	9
	<b><u>Unit 3. Other Skills</u></b> <b>A. Art of Probing, Summarizing</b> a) Probing, verbal and nonverbal prompts, types of probing, guidelines for using probes, probes with empathic response. b) Using Summaries: Use summaries when they add value, get clients to provide summaries, use of summaries and probes in the case of Marcus and	12	10

September	<p>Andréa.</p> <p><b>B. Challenging &amp; Self disclosure</b></p> <p>a) Challenging: concept of self-challenge, targets of self challenge, identifying blind spots, skills to challenge blind spots.</p> <p>b) Helpers self - disclosure</p> <p><b>C. Dealing with Resistance: identifying and dealing with reluctance and resistance</b></p> <p><u>Unit 4. The stages and tasks of problem management</u></p>		
October	<p><b>A. Tasks of Stage I</b>-Challenges clients face in talking about themselves, Case illustration, principles that can guide to help clients tell their stories- feel safe, styles of storytelling, starting where the client starts, assessing severity of problems, helping clients identify and clarify key issues, exploring context of key issues.</p> <p><b>B. Help clients tell their real stories, case illustration, help clients challenge the quality of their participation. Help clients focus on the right story, choosing issues that will make a difference in their lives , challenging to make right decisions.</b></p> <p><b>C. Tasks of Stage II</b>-Help clients determine what kind of change they need or want, help clients distinguish needs from wants, continuum between first-order and second-order change, power of goal setting guidelines to help clients set goals, helping clients commit themselves to their goals.</p>	12	11
November	<p><b>D. Tasks of Stage III</b>-Help clients develop strategies for accomplishing their goals – brainstorming, frameworks, finding social support, skills, strategies. Choosing goal-accomplishing strategies, balance-sheet method for choosing strategies, choosing evidence-based treatments.</p>		

  
Faculty Member

  
Head of The Department/Coordin

Government of Maharashtra  
Ismail Yusuf College  
Teaching Plan Department of Psychology

Subject: Abnormal Psychology      Class: TYBA      Sem: V      Div:  
Faculty Name: Mrs. Babina S. Shaikh      Date : 22-23

Month	Topics to be covered	Assigned lectures	Lectures undertaken
July	<u>Unit 1: Understanding Abnormal Behavior: Clinical Assessment and Diagnosis</u> c) What do we mean by Abnormality? - The DSM 5 and the Definition of Mental Disorders. d) Historical views of Abnormal Behaviour - The Emergence of Contemporary views of Abnormal Behaviour. c) The Basic elements in Assessment - Physical Assessment and Psychosocial Assessment. d) Classifying Abnormal Behaviour.	16	11
August	<u>Unit 2: Causal factors and Viewpoints</u> a) Causes and Risk factors for Abnormal Behaviour. b) Viewpoints for Understanding the Causes of Abnormal Behaviour: The Biological viewpoint, The Psychological viewpoints. c) Psychological Factors, The Sociocultural Viewpoints <u>Unit 3: Panic, Anxiety, Obsessions and Their Disorders</u> d) The Fear and Anxiety Response Patterns - Specific Phobias, Social Phobias, Panic Disorder and Agoraphobia.	16	10
September	e) Generalised Anxiety Disorder. f) Obsessive-compulsive and Related Disorders. <u>Unit 4: Somatic Symptom and Dissociative Disorders</u> <u>Unit 4: Somatic Symptom and Dissociative Disorders</u> d) Somatic Symptom and Related Disorders - Hypochondriasis,		

October	<p>Somatisation Disorder, Pain Disorder, Illness anxiety disorder.</p> <p>e) Conversion Disorder - Distinguishing Somatic Symptom Disorders from Malingering and Factitious Disorder.</p> <p>f) Dissociative disorders - Depersonalisation/Derealisation Disorder, Dissociative Amnesia and Dissociative Fugue, Dissociative Identity Disorder.</p>		
November			

*Babun*  
Faculty Member

*KK Singh*  
Head of The Department/Coordin

Government of Maharashtra  
Ismail Yusuf College

## Teaching Plan Department of Psychology

**Subject: Abnormal Psychology**

**Class: TYBA**

Sem: VI

Div:

**Faculty Name: Mrs.Babina S. Shaikh**

Date : 22-23

Month	Topics to be covered	Assigned lectures	Lectures undertaken
November	<u>Unit 1: Schizophrenia and other Psychotic Disorders</u> d) Clinical Picture and Subtypes of Schizophrenia. e) Other Psychotic Disorders: Schizoaffective Disorder, Schizophreniform Disorder, Delusional disorder and Brief Psychotic Disorder. f) Risk and Causal factors: Genetic Factors, Neurodevelopmental Perspective, Neurochemistry, Psychosocial and Cultural Factors.	16	11
December	<u>Unit 2: Mood Disorders and Suicide</u> a) Unipolar Depressive Disorders: Dysthymia Disorder, Major Depressive Disorder. b) Causal Factors in Unipolar Mood Disorders - Biological Causal Factors, Psychological Causal Disorders c) Bipolar and Related Disorders: Cyclothymic Disorder, Bipolar Disorder (I and II) and Causal Factors in Bipolar Disorders: Biological and Psychological Causal Factors. c) Bipolar and Related Disorders: Cyclothymic Disorder, Bipolar Disorder (I and II) and Causal Factors in Bipolar Disorders: Biological and Psychological Causal Factors.	16	12
January	d) Sociocultural Factors Affecting Unipolar and Bipolar Disorders, Treatment and Outcomes. e) Suicide: The Clinical Picture and the Causal Pattern.		

February	<p><b><u>Unit 3: Personality Disorders</u></b></p> <p>a) Clinical features of Personality Disorders.</p> <p>b) Cluster A, Cluster B and Cluster C Personality Disorders.</p> <p>c) General Sociocultural Causal factors, Treatments for Personality Disorders.</p>		
March	<p><b><u>Unit 4: Sexual Variants, Abuse and Dysfunctions</u></b></p> <p>a) Sociocultural Influence on Sexual Practises and Standards.</p> <p>b) The Paraphilias: Causal Factors and Treatment for Paraphilias.</p> <p>c) Gender Dysphoria, Sexual Abuse.</p> <p>d) Sexual Dysfunctions: Forms and Treatment</p>		

  
Faculty Member

  
Head of The Department/Coordin

**Government of Maharashtra  
Ismail Yusuf College  
Teaching Plan Department of Psychology**

**Subject: Abnormal Psychology**      **Class: TYBA**      **Sem: V**      **Div:**  
**Faculty Name: Mrs. Babina S. Shaikh**      **Date : 23-24**

Month	Topics to be covered	Assigned lectures	Lectures undertaken
July	<u>Unit 1: Understanding Abnormal Behavior: Clinical Assessment and Diagnosis</u> a) What do we mean by Abnormality? - The DSM 5 and the Definition of Mental Disorders. b) Historical views of Abnormal Behaviour - The Emergence of Contemporary views of Abnormal Behaviour. c) The Basic elements in Assessment - Physical Assessment and Psychosocial Assessment. d) Classifying Abnormal Behaviour.	16	12
August	<u>Unit 2: Causal factors and Viewpoints</u> a) Causes and Risk factors for Abnormal Behaviour. b) Viewpoints for Understanding the Causes of Abnormal Behaviour: The Biological viewpoint, The Psychological viewpoints. c) Psychological Factors, The Sociocultural Viewpoints  <u>Unit 3: Panic, Anxiety, Obsessions and Their Disorders</u> a) The Fear and Anxiety Response - Patterns - Specific Phobias, Social Phobias, Panic Disorder and Agoraphobia. b) Generalised Anxiety Disorder. c) Obsessive-compulsive and Related Disorders.	16	14
September	<u>Unit 4: Somatic Symptom and Dissociative Disorders</u> <u>Unit 4: Somatic Symptom and Dissociative Disorders</u> a) Somatic Symptom and Related Disorders - Hypochondriasis,		

October	<p>Somatisation Disorder, Pain Disorder, Illness anxiety disorder.</p> <p>b) Conversion Disorder - Distinguishing Somatic Symptom Disorders from Malingering and Factitious Disorder.</p> <p>c) Dissociative disorders - Depersonalisation/Derealisation Disorder, Dissociative Amnesia and Dissociative Fugue, Dissociative Identity Disorder.</p>		
November			

*Babine*  
Faculty Member

*PK Singh*  
Head of The Department/Coordin

Government of Maharashtra  
Ismail Yusuf College  
Teaching Plan Department of Psychology

Subject: Abnormal Psychology

Class: TYBA

Sem: VI

Div:

Faculty Name: Mrs. Babina S. Shaikh

Date : 23-24

Month	Topics to be covered	Assigned lectures	Lectures undertaken
November	<b>Unit 1: Schizophrenia and other Psychotic Disorders</b> a) Clinical Picture and Subtypes of Schizophrenia. b) Other Psychotic Disorders: Schizoaffective Disorder, Schizophreniform Disorder, Delusional disorder and Brief Psychotic Disorder. c) Risk and Causal factors: Genetic Factors, Neurodevelopmental Perspective, Neurochemistry, Psychosocial and Cultural Factors.	16	12
December	<b>Unit 2: Mood Disorders and Suicide</b> a) Unipolar Depressive Disorders: Dysthymia Disorder, Major Depressive Disorder. b) Causal Factors in Unipolar Mood Disorders - Biological Causal Factors, Psychological Causal Disorders c) Bipolar and Related Disorders: Cyclothymic Disorder, Bipolar Disorder (I and II) and Causal Factors in Bipolar Disorders: Biological and Psychological Causal Factors.	16	14
January	c) Bipolar and Related Disorders: Cyclothymic Disorder, Bipolar Disorder (I and II) and Causal Factors in Bipolar Disorders: Biological and Psychological Causal Factors. d) Sociocultural Factors Affecting Unipolar and Bipolar Disorders, Treatment and Outcomes. e) Suicide: The Clinical Picture and the		

February	<p>Causal Pattern.</p> <p><b><u>Unit 3: Personality Disorders</u></b></p> <p>a) Clinical features of Personality Disorders.</p> <p>b) Cluster A, Cluster B and Cluster C Personality Disorders.</p> <p>c) General Sociocultural Causal factors, Treatments for Personality Disorders.</p>		
March	<p><b><u>Unit 4: Sexual Variants, Abuse and Dysfunctions</u></b></p> <p>a) Sociocultural Influence on Sexual Practises and Standards.</p> <p>b) The Paraphilias: Causal Factors and Treatment for Paraphilias.</p> <p>c) Gender Dysphoria, Sexual Abuse.</p> <p>d) Sexual Dysfunctions: Forms and Treatment</p>		

  
Faculty Member

  
Head of The Department/Coordin

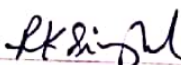
Government of Maharashtra  
Ismail Yusuf College  
Teaching Plan Department of Psychology

Subject: Abnormal Psychology      Class: TYBA      Sem: V      Div:  
Faculty Name: Mrs. Babina S. Shaikh      Date : 20-21

Month	Topics to be covered	Assigned lectures	Lectures undertaken
July	<u>Unit 1: Understanding Abnormal Behavior: Clinical Assessment and Diagnosis</u> g) What do we mean by Abnormality? - The DSM 5 and the Definition of Mental Disorders. h) Historical views of Abnormal Behaviour - The Emergence of Contemporary views of Abnormal Behaviour. c) The Basic elements in Assessment - Physical Assessment and Psychosocial Assessment. d) Classifying Abnormal Behaviour.	16	11
August	<u>Unit 2: Causal factors and Viewpoints</u> a) Causes and Risk factors for Abnormal Behaviour. b) Viewpoints for Understanding the Causes of Abnormal Behaviour: The Biological viewpoint, The Psychological viewpoints. c) Psychological Factors, The Sociocultural Viewpoints  <u>Unit 3: Panic, Anxiety, Obsessions and Their Disorders</u>	16	12
September	j) The Fear and Anxiety Response Patterns - Specific Phobias, Social Phobias, Panic Disorder and Agoraphobia. k) Generalised Anxiety Disorder. l) Obsessive-compulsive and Related Disorders. <u>Unit 4: Somatic Symptom and Dissociative Disorders</u> <u>Unit 4: Somatic Symptom and Dissociative Disorders</u> j) Somatic Symptom and Related Disorders - Hypochondriasis,		13

October	<p>Somatisation Disorder, Pain Disorder, Illness anxiety disorder.</p> <p>k) Conversion Disorder - Distinguishing Somatic Symptom Disorders from Malingering and Factitious Disorder.</p> <p>l) Dissociative disorders - Depersonalisation/Derealisation Disorder, Dissociative Amnesia and Dissociative Fugue, Dissociative Identity Disorder.</p>		
November			

  
Faculty Member

  
Head of The Department/Coordinator

Government of Maharashtra  
Ismail Yusuf College

# Teaching Plan Department of Psychology

Subject: Abnormal Psychology

Class: TYBA

Sem: VI

Div:

Faculty Name: Mrs. Babina S. Shaikh

Date : 20-21

Month	Topics to be covered	Assigned lectures	Lectures undertaken
November	<p><u>Unit 1: Schizophrenia and other Psychotic Disorders</u></p> <p>j) Clinical Picture and Subtypes of Schizophrenia.</p> <p>k) Other Psychotic Disorders: Schizoaffective Disorder, Schizophreniform Disorder, Delusional disorder and Brief Psychotic Disorder.</p> <p>l) Risk and Causal factors: Genetic Factors, Neurodevelopmental Perspective, Neurochemistry, Psychosocial and Cultural Factors.</p>	<p>16</p> <p>16</p>	<p>12</p> <p>13</p>
December	<p><u>Unit 2: Mood Disorders and Suicide</u></p> <p>a) Unipolar Depressive Disorders: Dysthymia Disorder, Major Depressive Disorder.</p> <p>b) Causal Factors in Unipolar Mood Disorders - Biological Causal Factors, Psychological Causal Disorders c) Bipolar and Related Disorders: Cyclothymic Disorder, Bipolar Disorder (I and II) and Causal Factors in Bipolar Disorders: Biological and Psychological Causal Factors.</p> <p>c) Bipolar and Related Disorders: Cyclothymic Disorder, Bipolar Disorder (I and II) and Causal Factors in Bipolar Disorders: Biological and Psychological Causal Factors.</p>	<p>16</p>	<p>14</p>
January	<p>d) Sociocultural Factors Affecting Unipolar and Bipolar Disorders, Treatment and Outcomes.</p> <p>e) Suicide: The Clinical Picture and the Causal Pattern.</p>		

February	<p><b><u>Unit 3: Personality Disorders</u></b></p> <p>a) Clinical features of Personality Disorders.</p> <p>b) Cluster A, Cluster B and Cluster C Personality Disorders.</p> <p>c) General Sociocultural Causal factors, Treatments for Personality Disorders.</p>		
March	<p><b><u>Unit 4: Sexual Variants, Abuse and Dysfunctions</u></b></p> <p>a) Sociocultural Influence on Sexual Practises and Standards.</p> <p>b) The Paraphilias: Causal Factors and Treatment for Paraphilias.</p> <p>c) Gender Dysphoria, Sexual Abuse.</p> <p>d) Sexual Dysfunctions: Forms and Treatment</p>		

*Chabirum*

Faculty Member

*RK Singh*

Head of The Department/Coordin

**Government of Maharashtra  
Ismail Yusuf College  
Teaching Plan Department of Psychology**

**Subject: Abnormal Psychology**

**Class: TYDA**

Sem: V Div:

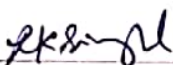
**Faculty Name: Mrs. Bablana S. Shalkh**

Date : 21-22

Month	Topics to be covered	Assigned lectures	Lectures undertaken
July	<u>Unit 1: Understanding Abnormal Behavior: Clinical Assessment and Diagnosis</u> e) What do we mean by Abnormality? - The DSM 5 and the Definition of Mental Disorders. f) Historical views of Abnormal Behaviour - The Emergence of Contemporary views of Abnormal Behaviour.	16	11
	c) The Basic elements in Assessment - Physical Assessment and Psychosocial Assessment. d) Classifying Abnormal Behaviour.	16	12
August	<u>Unit 2: Causal factors and Viewpoints</u> a) Causes and Risk factors for Abnormal Behaviour. b) Viewpoints for Understanding the Causes of Abnormal Behaviour: The Biological viewpoint, The Psychological viewpoints. c) Psychological Factors, The Sociocultural Viewpoints	16	13
September	<u>Unit 3: Panic, Anxiety, Obsessions and Their Disorders</u> g) The Fear and Anxiety Response - Patterns - Specific Phobias, Social Phobias, Panic Disorder and Agoraphobia. h) Generalised Anxiety Disorder. i) Obsessive-compulsive and Related Disorders.		
	<u>Unit 4: Somatic Symptom and Dissociative Disorders</u> <u>Unit 4: Somatic Symptom and Dissociative Disorders</u> g) Somatic Symptom and Related Disorders - Hypochondriasis,		

October	<p>Somatisation Disorder, Pain Disorder, Illness anxiety disorder.</p> <p>h) Conversion Disorder - Distinguishing Somatic Symptom Disorders from Malingering and Factitious Disorder.</p> <p>i) Dissociative disorders - Depersonalisation/Derealisation Disorder, Dissociative Amnesia and Dissociative Fugue, Dissociative Identity Disorder.</p>		
November			

  
Faculty Member

  
Head of The Department/Coordinator

Government of Maharashtra  
Ismail Yusuf College

# Teaching Plan Department of Psychology

Subject: Abnormal Psychology

Class: TYBA

Sem: VI

Div:

Faculty Name: Mrs. Babina S. Shaikh

Date : 21-22

Month	Topics to be covered	Assigned lectures	Lectures undertaken
November	<u>Unit 1: Schizophrenia and other Psychotic Disorders</u> g) Clinical Picture and Subtypes of Schizophrenia. h) Other Psychotic Disorders: Schizoaffective Disorder, Schizophreniform Disorder, Delusional disorder and Brief Psychotic Disorder. i) Risk and Causal factors: Genetic Factors, Neurodevelopmental Perspective, Neurochemistry, Psychosocial and Cultural Factors.	16	11
December	<u>Unit 2: Mood Disorders and Suicide</u> a) Unipolar Depressive Disorders: Dysthymia Disorder, Major Depressive Disorder. b) Causal Factors in Unipolar Mood Disorders - Biological Causal Factors, Psychological Causal Disorders c) Bipolar and Related Disorders: Cyclothymic Disorder, Bipolar Disorder (I and II) and Causal Factors in Bipolar Disorders: Biological and Psychological Causal Factors. c) Bipolar and Related Disorders: Cyclothymic Disorder, Bipolar Disorder (I and II) and Causal Factors in Bipolar Disorders: Biological and Psychological Causal Factors.	16	13
January	d) Sociocultural Factors Affecting Unipolar and Bipolar Disorders, Treatment and Outcomes. e) Suicide: The Clinical Picture and the Causal Pattern.		

February	<p><b><u>Unit 3: Personality Disorders</u></b></p> <p>a) Clinical features of Personality Disorders.</p> <p>b) Cluster A, Cluster B and Cluster C Personality Disorders.</p> <p>c) General Sociocultural Causal factors, Treatments for Personality Disorders.</p>		
March	<p><b><u>Unit 4: Sexual Variants, Abuse and Dysfunctions</u></b></p> <p>a) Sociocultural Influence on Sexual Practises and Standards.</p> <p>b) The Paraphilias: Causal Factors and Treatment for Paraphilias.</p> <p>c) Gender Dysphoria, Sexual Abuse.</p> <p>d) Sexual Dysfunctions: Forms and Treatment</p>		

  
Faculty Member

  
Head of The Department/Coordln

Government of Maharashtra  
Ismail Yusuf College  
Teaching Plan Department of Psychology

Subject: Abnormal Psychology      Class: TYBA      Sem: V      Div:  
Faculty Name: Mrs. Babina S. Shaikh      Date : 19-20

Month	Topics to be covered	Assigned lectures	Lectures undertaken
July	<u>Unit 1: Understanding Abnormal Behavior: Clinical Assessment and Diagnosis</u> i) What do we mean by Abnormality? - The DSM 5 and the Definition of Mental Disorders. j) Historical views of Abnormal Behaviour - The Emergence of Contemporary views of Abnormal Behaviour. c) The Basic elements in Assessment - Physical Assessment and Psychosocial Assessment. d) Classifying Abnormal Behaviour.	16	11
August	<u>Unit 2: Causal factors and Viewpoints</u> a) Causes and Risk factors for Abnormal Behaviour. b) Viewpoints for Understanding the Causes of Abnormal Behaviour: The Biological viewpoint, The Psychological viewpoints. c) Psychological Factors, The Sociocultural Viewpoints <u>Unit 3: Panic, Anxiety, Obsessions and Their Disorders</u> m) The Fear and Anxiety Response Patterns - Specific Phobias, Social Phobias, Panic Disorder and Agoraphobia. n) Generalised Anxiety Disorder. o) Obsessive-compulsive and Related Disorders.	16	12
September	<u>Unit 4: Somatic Symptom and Dissociative Disorders</u> <u>Unit 4: Somatic Symptom and Dissociative Disorders</u> m) Somatic Symptom and Related Disorders - Hypochondriasis,		13

October	<p>Somatisation Disorder, Pain Disorder, Illness anxiety disorder.</p> <p>n) Conversion Disorder - Distinguishing Somatic Symptom Disorders from Malingering and Factitious Disorder.</p> <p>o) Dissociative disorders - Depersonalisation/Derealisation Disorder, Dissociative Amnesia and Dissociative Fugue, Dissociative Identity Disorder.</p>		
November			

  
Faculty Member

  
Head of The Department/Coordinator

Government of Maharashtra  
Ismail Yusuf College  
Teaching Plan Department of Psychology

Subject: Abnormal Psychology

Class: TYBA

Sem: VI

Div:

Faculty Name: Mrs.Babina S. Shaikh

Date : 19-20

Month	Topics to be covered	Assigned lectures	Lectures undertaken
November	<p><u>Unit 1: Schizophrenia and other Psychotic Disorders</u></p> <p>m) Clinical Picture and Subtypes of Schizophrenia.</p> <p>n) Other Psychotic Disorders: Schizoaffective Disorder, Schizophreniform Disorder, Delusional disorder and Brief Psychotic Disorder.</p> <p>o) Risk and Causal factors: Genetic Factors, Neurodevelopmental Perspective, Neurochemistry, Psychosocial and Cultural Factors.</p>	<p>16</p> <p>16</p>	<p>11</p> <p>12</p>
December	<p><u>Unit 2: Mood Disorders and Suicide</u></p> <p>a) Unipolar Depressive Disorders: Dysthymia Disorder, Major Depressive Disorder.</p> <p>b) Causal Factors in Unipolar Mood Disorders - Biological Causal Factors, Psychological Causal Disorders c) Bipolar and Related Disorders: Cyclothymic Disorder, Bipolar Disorder (I and II) and Causal Factors in Bipolar Disorders: Biological and Psychological Causal Factors.</p>	<p>16</p>	<p>13</p>
January	<p>c) Bipolar and Related Disorders: Cyclothymic Disorder, Bipolar Disorder (I and II) and Causal Factors in Bipolar Disorders: Biological and Psychological Causal Factors.</p> <p>d) Sociocultural Factors Affecting Unipolar and Bipolar Disorders, Treatment and Outcomes.</p> <p>e) Suicide: The Clinical Picture and the</p>	<p>16</p>	<p>14</p>

February	<p>Causal Pattern.</p> <p><b><u>Unit 3: Personality Disorders</u></b></p> <p>a) Clinical features of Personality Disorders.</p> <p>b) Cluster A, Cluster B and Cluster C Personality Disorders.</p> <p>c) General Sociocultural Causal factors, Treatments for Personality Disorders.</p>	16	12
	<p><b><u>Unit 4: Sexual Variants, Abuse and Dysfunctions</u></b></p> <p>a) Sociocultural Influence on Sexual Practises and Standards.</p> <p>b) The Paraphilias: Causal Factors and Treatment for Paraphilias.</p> <p>c) Gender Dysphoria, Sexual Abuse.</p> <p>d) Sexual Dysfunctions: Forms and Treatment</p>	16	16
March			

  
Faculty Member

  
Head of The Department/Coordin